

6th October 2026

Dear Parents and Carers,

Re: Young Carers Group

We are pleased to let you know that our school offers a Young Carers Group to provide support for students who have caring responsibilities at home.

A young carer is a young person who helps to look after a family member who may have an illness, disability, mental health difficulty, or other additional needs. Caring responsibilities can look different for every young person and may include helping with practical tasks, providing emotional support, or looking after siblings.

Our Young Carers Group provides a welcoming and supportive space where students can meet others who may have similar experiences. The group gives young carers an opportunity to talk, take part in activities, access support when needed, and have some time away from their caring responsibilities.

We recognise that some families may not think of their child as a “young carer”, even though they regularly provide additional help or support at home. Our aim is not to label students or families, but to make sure that young people who have caring responsibilities know that support is available to them.

If you feel that your child may benefit from attending the Young Carers Group, or if you would simply like to find out more, please contact me via email at Jordan.Taylor@attrust.org.uk.

Any information shared will be treated sensitively and respectfully. We would be very happy to speak with you about how we can best support your child while they are at school.

Thank you for helping us ensure that our young carers feel recognised, supported and valued within our school community.

Yours faithfully

J. Taylor

Miss Taylor
Student Support Leader / Young Carers Lead