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Brandon Road, Swaffham, PE37 7DZ



May 2026

Dear Parents/Carers

**Re: Physical Activity Strategy – Banham Zoo
Friday 10th July 2026**

As previously communicated; the aim of our Whole School Physical Activity Strategy is to encourage students to be more physically active, more often. As part of this, your child is participating in a trip at 'Banham Zoo on Friday 10th July. Students are to meet at the **Drama Room at 8.45am**. Students will return from the trip at 2.45pm, in time for the school buses.

The aim of this trip is for students to experience a different form of physical activity outside of the academy setting whilst enabling them to have a nice walk around the zoo, exercising and feeling the benefits that walking can have on the body.

Students should wear clothes suitable for walking, such as leggings, tracksuit bottom, joggers, t shirts, jumper and comfy trainers are essential. It would be advisable for students to bring a small rucksack to put their belongings in, including some spare clothes and a rain jacket in case of bad weather.

We will stop for lunch, so students are advised to bring snacks and a packed lunch, along with plenty of water. Students can also purchase food from the zoo should they wish. If the weather is warm, then sun cream and a sunhat are advisable.

If you have any questions, please contact me on bronte.farrage@attrust.org.uk

Kind Regards.

B. Farrage

**Miss Farrage
Teacher of PE**