

# NICHOLAS HAMOND ACADEMY | Menu [1]



Week Commencing: 23rd Feb, 16th Mar, 20th Apr, 11th May, 8th Jun, 29th Jun, 20th July

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Main Option One

#### Beef Meatballs

in a Rich Tomato Sauce with Penne Pasta & Garlic Bread

#### Mild Chicken Korma

With Fluffy Rice, Cauliflower & Naan Bread

#### Beef Lasagne

A Traditional Italian Favourite Served With Diced Potatoes & Salad

#### BBQ Chicken

Served with Noodles & Stir Fried Vegetables

#### 'Fish & Chips'

Peas Beans Or Curry Sauce

### Main Option Two

#### Quorn Sausage

in a Rich Tomato Sauce with Penne Pasta & Garlic Bread

#### Mild Quorn Korma

With Fluffy Rice, Cauliflower & Naan Bread

#### Vegetable Lasagne

Layers of Pasta & Mediterranean Vegetables, Diced Potatoes & Salad

#### BBQ Quorn

Served with Noodles & Stir Fried Vegetables

#### Fishless Fingers

Chips, Peas, Beans or Curry Sauce

### Grab & Go

#### Chicken or Quorn Burger

Lettuce, Tomato & Mayonnaise

#### Jumbo Hot Dog & Relish

#### Crispy Chicken Wrap Served in a Tortilla

#### 'Street Pot'

See Menu Board For Todays Special

#### 'Loaded Fries'

Southern Fried Chicken Strips

### Dessert

#### Chocolate Brownie

#### Pancake

With Mixed Summer Berries & Cream

#### Sultana Flapjack

#### Fruity Summer Trifle

#### Flavoured Ice Cream

### Daily

Available All Week

*Selection of Hot Panini, Pizza Slices, Jacket Potatoes and Toppings, filled Sandwiches, Freshly Made Salads, Bacon & Sausage Cobs, Fruit Pots and an Array of Cold Deserts. Please let us know if you have any special dietary requirements*

Lower Carbon Footprint  
(v) Vegetarian  
(ve) Vegan

Allergen information may be obtained verbally by contacting the Catering Manager

# NICHOLAS HAMOND ACADEMY | Menu [2]



Week Commencing: 2nd Mar, 23rd Mar, 27th Apr, 18th May, 15th Jun, 6th July

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Main Option One

**Beef Bolognese**  
With Spaghetti, Peas, Carrots & Garlic Bread

**Sweet & Sour Chicken**  
With Fluffy Rice, Peas & Sweetcorn

**Roast Sausages BBQ Sauce**  
Herby Diced Potatoes & Salad

**Sweet chilli Chicken Noodles with Stir fried Veg**

**'Fish & Chips'**  
Peas , Beans Or Curry Sauce

### Main Option Two

**Vegan Bolognese**  
With Spaghetti, Peas, Carrots & Garlic Bread

**Sweet & Sour Vegetables**  
With Fluffy Rice, Peas & Sweetcorn

**Quorn Sausages BBQ Sauce**  
Herby Diced Potatoes & Salad

**Sweet chilli Stir fried Veg With Noodles**

**Crispy Vegetable Spring Roll**  
Chips & Curry Sauce

### Grab & Go

**Chicken or Quorn Burger**  
Lettuce, Tomato & Mayonnaise

**Sausage Roll (Vegan or Pork)**

**'Loaded Nachos'**

**Street pot**

**Chicken Nuggets & chips**

### Dessert

**Chocolate Brownie**

**Spiced Apple cake**

**Blueberry Muffin**

**Strawberry Mousse**

**Flavoured Ice Cream**

### Daily

Available All Week

*Selection of Hot Panini, Pizza Slices, Jacket Potatoes and Toppings, filled Sandwiches, Freshly Made Salads, Bacon & Sausage Cobs, Fruit Pots and an Array of Cold Deserts. Please let us know if you have any special dietary requirements*

 Lower Carbon Footprint  
(v) Vegetarian  
(ve) Vegan

Allergen information may be obtained verbally by contacting the Catering Manager

# NICHOLAS HAMOND ACADEMY | Menu [3]



Week Commencing: 9th Mar, 13th Apr, 4th May, 1st Jun, 22nd Jun, 13th July

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Main Option One

#### Chicken Pasta Bake

Cooked in a Cream Sauce Served with Peas & Sweetcorn

#### Mexican Beef Chilli

With Rice, Tortilla Chips & Broccoli

#### Pulled pork

With seasoned wedges & coleslaw

#### Chicken fajita

With peppers & onion Served with mixed salad

#### 'Fish & Chips'

Peas , Beans Or Curry Sauce

### Main Option Two

#### Mac 'N' Cheese Served with Peas & Sweetcorn

#### Mexican Quorn Chilli

With Rice, Tortilla Chips & Broccoli

#### Southern Fried Vegetable Nuggets

With Seasoned Jacket Wedges & Coleslaw

#### Vegetable Fajita With mixed salad

#### Vegie Burger

Chips Peas, Beans or Curry Sauce

### Grab & Go

#### Beef or Quorn Burger

Lettuce, Tomato & Mayonnaise

#### Margherita Pizza

#### Street pot

#### Baked Bean & Cheese Wrap

#### Chicken Nuggets

### Dessert

#### Chocolate & Vanilla Marble Sponge

#### Mandarin Jelly

#### Gluten Free Doughnuts

#### Carrot Cake & Icing Glaze

#### Flavoured Frozen Yoghurt

### Daily

Available All Week

*Selection of Hot Panini, Pizza Slices, Jacket Potatoes and Toppings, filled Sandwiches, Freshly Made Salads, Bacon & Sausage Cobs, Fruit Pots and an Array of Cold Deserts.  
Please let us know if you have any special dietary requirements*

 Lower Carbon Footprint  
(v) Vegetarian  
(ve) Vegan

Allergen information may be obtained verbally by contacting the Catering Manager