



Timetable for Curriculum Day 1 – 6th November 2025

Year 7:

Session	Aim
PSHE: Vaping	In this session, students will look at the dangers of vaping and the known harm they can cause to our bodies.
PSHE: Introducing credit, savings and bank accounts	This session will look at the basics of credit, saving and bank accounts, including interest and how to make the most of your money, as well as keeping all your online information safe.
PSHE: PE and healthy lifestyles	Students will engage with physical activities whilst also focussing on the importance of having a healthy lifestyle. Please can they arrive at school in their TNHA PE uniform.
Careers: RAF Marham and STEM careers	Students will begin by discussing what STEM means and the different careers it feeds into. This will be followed by a team building activity that will encourage students to consider the different roles within a team and how to work as a team, whilst employing logical thinking skills.

Year 8:

Session	Aim
Careers: What is a career?	The University of East Anglia will be joining us to discuss key terminology of careers and the features of different jobs.
Careers: My Future learning	The College of West Anglia will be joining us to talk about the different level qualifications there are following on from GCSEs and the breadth of courses available.
PSHE: Ashley Hickson-Lovence and creative writing	The author Ashley Hickson-Lovence will be joining Y8s to talk about his upbringing and how it inspired him to go on to write novels about this. From here he will work with students to use their own voice and experiences to learn to write in powerful ways
PSHE CAP Finances	Students will be joined by Tanya and will look at the importance of budgeting and how to do it.
PSHE: Youth violence/gangs and knife crime	The Joe Dixon Foundation will join the students for a presentation on the true story of Joe Dixon and the very real dangers of youth violence/gangs and knife crime, making links with Child Criminal Exploitation and County Lines.

Year 9:

Session	Aim
Careers: How to choose your Options	Robert Prosser (our Careers advisor) will be in to discuss the best methods for choosing their GCSE options, as well as how to carry out career research before making the choices.
PSHE: First Aid.	Medical Solutions will be joining us to look at different first aid steps, that will be actively carried out by the students.
PSHE: Knife Crime	PC Johnson will join us to discuss the dangers around knife crime and its impact on communities. Students will be informed of the legal consequences and will be given sources of support if they are concerned by the topic.
PSHE and Careers: Barclays	Kathy will be joining students for the first of 4 sessions across the year based on money. This first session will ask students to reflect on their own attitudes to money and spending compared to others and be able to prioritise needs and wants in different scenarios.
PSHE: Relationships	Paula De Vaux joins us to explore the beliefs and attitudes in relationships

Year 10:

Session	Aim
Careers: Trade Unions	Glenn Springett will be joining us to discuss the role and nature of Trade Unions and to explain how they support employees.
Careers: Interview skills	Samantha Pullen from SLC Interiors will be joining us to discuss what employers are looking for in interviews. This will cover everything from preparing for an interview, the way you answer questions to the way you present yourself etc. She will also discuss the industry of the building trade and the various roles within it.
PSHE: RE escape room	Students will complete an escape room, whilst looking at clues around different faiths and beliefs
PSHE: Chelsea's story	Theatre for Schools will be joining us and performing a show called 'Chelsea's Story', which is based around raising awareness around grooming and child sexual exploitation. There will be a question and answer at the end of the show.
PSHE: Relationships	Leeway are joining Year 10s to look at different types of relationships, how to recognise when one might be abusive and the avenues of support.

Year 11:

Session	Aim
PSHE: AI and deepfakes	Students will evaluate different motivations and contexts in which sexual images are shared and the legal, emotional and social consequences of it.
PSHE: Manosphere and misogyny	Students will describe what we mean by harmful misogynistic behaviours and attitudes and the dangers of listening to self-proclaimed online experts.
PSHE: knife crime	St Giles trust joins us to discuss the risks of carrying a knife and the consequences of it, both within the law and physically.
PSHE: Pornography	Students will identify ways in which porn can be harmful to viewers and the people involved in the industry as well as the damage it can do to the brain and a healthy sexual relationship.
PSHE: Super Speedy Study Skills	Positively You will be working with Y11s on study skills for exams that are suited to them and their memory.