

September 2025

Dear Parent/Carer

West Norfolk Schools Cross County Championships – Monday 6th October 2025

Congratulations on your son/daughter being selected to represent the Academy at the West Norfolk Schools Cross Country Championships. This will take place on **Monday 6th October 2025 at Springwood High School.**

If your child performs well, they will qualify for the Norfolk County Cross Country Championships later in the year. The team will be leaving school by coach at **3pm** so will need to meet at the Sports Hall at **2:30pm** to get changed and registered. We will be aiming to return before **6:30pm**. Therefore, alternative transport arrangements may need to be made for those who usually use school transport.

Students will run in their PE kit but will need plenty of warm layers to wear when other age groups are racing. Waterproof clothing may also be required dependent on the weather. Students may also bring extra food and drink to keep their energy up and hydrated.

Please could you return the attached reply slip to give your son/daughter permission to attend the competition. If they are unable to attend then could they please let me know ASAP so I can find a replacement in time for the competition. Thank you for your support in the potential success at these Championships.

Yours faithfully



Mr I. Hogarth
PE Teacher

West Norfolk Schools Cross County Championships – Monday 6th October 2025

Student Name..... Contact number.....

I give permission for my son/daughter to be able to take part in the West Norfolk Schools Cross Country Championships on Monday 6th October 2025. I understand that the students will be leaving at the end of school and I will arrange alternative transport if required. I will also ensure that they are fully prepared for the potential weather conditions and have adequate supplies of food and drink.

My child will be collected from the academy at 6.30pm / Will walk home with my permission
(please delete as necessary)

Medical Conditions.....

Signed Parent/Carer Date.....