

17th September 2025

Dear Sir/Madam

Cambridge National Level 2 – Health & Social Care

Many thanks for agreeing to be interviewed for the student's coursework for Cambridge National level 2 in Health and Social Care. As part of the course requirements for unit R033 'Supporting individuals through life events', students must carry out an interview to find out information about life stages and factors that have influenced an individual's life and the impacts they have had.

For the first part of the task, the life stage, the students need to interview an individual who is between the age of 46 to 65 years. The students do not need to take any photographs and nor will they be allowed to use real names or name the place you may live, or work etc. Confidentiality will be kept at all times and I will check the students work for this as I mark it. For life stages the student will need to interview you to find out how you have changed physically, intellectually, emotionally and socially from the age of 46 years to your present age. They should provide you with a list of ideas to help this process. Please do feel free to add in anything that may not be on their list.

For the second part of the interview, they will ask you about 3 life factors – Cultural, Emotional and Social. These further divide into different headings, as laid out below. You have to pick two sub-headings from Cultural, Emotional and Social factors that have influenced you from the age of 46+ years and onwards.

For Cultural, please pick any two from the following:

- Community
- Religion
- Race
- Gender identity
- Sexual orientation

For Emotional, please pick any two from the following:

- Anxiety
- Fear
- Sadness/happiness
- Grief
- Attachment
- Family security

Cont...

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For Social factors, please pick any two from the following:

- Positive and negative relationships
- Social inclusion/exclusion
- Opportunities
- Discrimination
- Bullying

Again, the students should provide you with a breakdown of what these mean in more detail.

Following the interview, the students will write up the life stage and compare to other people in the same life stage. For the factors, they will write up what happened and then evaluate how it has impacted you physically, intellectually, emotionally and socially. If you would like to discuss with the student the factor's impact on you in these 4 areas during the interview, it will help the student greatly, but is not necessary.

The students will be asked to record the interview (just the voice) as I have to verify the interview took place. As well as just verifying through quickly listening to the recording, I also need you to sign to say the interview took place, once the interview has been conducted.

If you could complete the reply slip below following the interview and ask the student to return it to me, I would be very grateful.

Thank you again for taking the time to help the student complete their coursework. It is greatly appreciated by both the student and myself.

Kind regards.

K. Warnes

Kate Warnes
Director of PSHEE & CEIAG

Cambridge National Level 2 – Health & Social Care

Name of student:

I have been interviewed for my life stage and life factors.

Signed:

Date: