

June 2025

Dear Parent/Carer

**Qualifying Bronze Duke of Edinburgh Award Expedition**  
**Friday 11<sup>th</sup> July - Saturday 12<sup>th</sup> July 2025**

We are pleased to confirm the details of the Bronze DofE Expedition which will take place on the 11<sup>th</sup> and 12<sup>th</sup> July. We have arranged for the students to camp at Dreamy Hollow campsite on 11<sup>th</sup> July with further details below. Most participants have now completed or are close to completing, the Skills, Volunteering and Physical aspects of the scheme and thus have only the final Expedition section to accomplish in order to complete the award.

**Kit List:** Prior to Easter, your child was given a copy of the kit list for the expedition. We have provided training and further information on the personal and group equipment. If your child is FSM, please speak with your child or contact me to discuss equipment available to them and their group. Items of particular importance are:

- Waterproof walking boots
- Waterproofs (jacket and trousers)
- Spare warm clothes
- Spare socks
- Personal first aid kit
- Torch and whistle
- Packed lunch and snacks for the walk
- Water bottle(s) to carry at least 2 litres per day
- Sunscreen/hat

**Food:** Participants will need to bring their own food/group sharing for:

- Friday lunch
- Friday evening meal
- Saturday morning breakfast and
- Saturday lunch.
- Students will also need to consider snacks for both days and have been given adequate information and examples about expedition food. Students have completed training on suggested menus and meal ideas within school.

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**Pre-training:** By the week ending 23<sup>rd</sup> May 2025, all students will have completed all aspects of the expedition training within school. This included the following:

- Navigation and route-planning
- Cooking
- Campcraft
- Equipment, packing a rucksack and kit care
- First Aid and how to minimise risk and deal with incidents
- Behaviour and the countryside code
- Teamwork

**Qualifying Expedition:** On the morning of 11<sup>th</sup> July, parents/carers will need to make their own arrangements to get the students to their designated starting location (St Andrews Church at Little Massingham, PE32 2JR) 30 minutes prior to their start time, where they will meet with their Expedition supervisor and complete a kit check. Students are reminded that the expedition will involve a minimum of 6 hours journeying time (approx. 18-20km) each day within which they should complete their Expedition Team Goal. Students may bring with them items to support their team goal which are not on the kit list however they are responsible for whatever they choose to bring and must carry all extra items themselves. Students will finish their expedition on Saturday 12<sup>th</sup> July at approx. 4:30pm at St Peters Church, West Rudham, PE31 8TE.

**Expedition Requirements:** Students have been given a copy of the Expedition Requirements. Students should be familiar with them as they detail information about the expedition. I will draw your attention to the 'on expedition' section of the requirements which highlights three key points that all will have been reminded of prior to starting: behaving responsibly and adhering to the countryside code; they will be independently walking in the countryside where supervision will be unaccompanied and self-sufficient but will met strategically and at their check points at specified times and they will be debriefed at the end point of their expedition. All participants will be continuously assessed over the course of the Expedition and will need to demonstrate their competence and attitude in all skills learnt and covered.

**Medication, Medical Conditions and Injuries:** Participants will need to be in good health and able to undertake two days of physical activity including walking a long distance carrying a heavy rucksack. Please inform us either on the consent form (or nearer to the expedition by email) of any medication currently being taken, medical conditions of which we should be aware or relevant injuries. Participants are responsible for bringing their own medication. In the unlikely event of an incident on the Expedition, parents will be contacted immediately. If you do urgently need to contact them, please contact myself first on the school trip mobile number which is 07510 382779.

Please complete the expedition consent and information forms by Thursday 12<sup>th</sup> June 2025.

Should you have any questions about the DofE generally or specific to the expedition please do get in touch. My email is [Rachel.Wells@attrust.org.uk](mailto:Rachel.Wells@attrust.org.uk).

Kind regards

*R. Wells*

**Rachel Wells**  
**Duke of Edinburgh Award Manager**