

25th April 2025

Dear Parent/Carer

Qualifying Silver Duke of Edinburgh Award Expedition – Thursday 19th June to Saturday 21st June 2025

We are very pleased to confirm the details of the Qualifying Silver DofE Expedition which will take place from 19th – 21st June. We have arranged for the students to camp at Waterclose Meadow campsite and at Priors Field Farm.

Training

All students will have completed a practice expedition and prior to that, the required training and so should now be fully aware and prepared for the qualifying expedition. A few things to think about and consider include:

- Footwear - waterproof walking boots/shoes are essential
- Waterproof clothing and bag protection – in case of bad weather
- Spare and warm layers – essential for the evenings when the temperature drops
- Water – at least 2 litres per day for drinking
- Sun protection and insect repellent
- A kit list was provided with the practice information however if you require another, I will ensure your participant has one.

Food and drink

Participants will need to bring their own food for the entire weekend including, lunch and evening meal for Thursday, breakfast, lunch and evening meal on Friday and breakfast and lunch on Saturday. Participants will also need to bring snacks for the three days. Students will not be required to carry water for the entire weekend but will have an opportunity to refill their containers on Friday and Saturday mornings before beginning their days journeying.

Qualifying expedition

On the morning of Thursday 19th June, parents/carers will need to ensure their child is at school by 08:00 where students will be driven by mini-bus to their starting location (Warboys) before commencing their expedition. Students are reminded that the expedition will involve a minimum of 7 hours journeying time (approx. 19km) on Thursday, Friday and Saturday. Students will be allowed to bring with them their mobile phones for the journey to the start point but throughout the expedition, these will be wrapped in clingfilm/cellophane for emergency use only during the expedition. Once completed, students will be driven back to TNHA for parent collection. We will contact you on the Saturday to inform you of the time we expect to return.

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20 conditions/Expedition Requirements

The 20 conditions have now been updated and are known as Expedition Requirements. Students should be familiar with them as they detail information and should be used as guidelines for the expedition. I will draw your attention to the 'on expedition' section of the requirements which highlights three key points that all will have been reminded of prior to starting: behaving responsibly and adhering to the countryside code; they will be independently walking in the countryside where supervision will be unaccompanied and self-sufficient but will met strategically and at their check points at specified times and they will be debriefed at the end point of their expedition.

Medication, Medical Conditions and Injuries

Participants will need to be in good health and able to undertake three days of physical activity including walking a long distance carrying a heavy rucksack. Please inform us either on the consent form (or nearer to the expedition by email) of any medication currently being taken, medical conditions of which we should be aware or relevant injuries. Participants are responsible for bringing their own medication. In the unlikely event of an incident on the Expedition, parents will be contacted immediately however please refrain from making contact with your child during the hours of the expedition as this goes against the expedition requirements. If you do urgently need to contact them, please contact myself first on the school trip mobile number which is 07510 382779.

Please complete the expedition consent and information form by Friday 5th June.

Should you have any questions about the DofE generally or specific to the expedition please do get in touch via email at Rachel.wells@attrust.org.uk

Kind regards

R. Wells

Rachel Wells
Duke of Edinburgh Award Manager