

#TNHA WAY



January 2024

 TeamNHA

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 @TeamNHA

PROUDLY SHARING OUR NEWS



Determined to be...
'the best that we can be'



PRINCIPAL'S POST

I can't believe that it is the end of January and we have hit the ground running. The newsletter highlights lots of the opportunities that the students have already had this term and as always it has been great to see fantastic levels of engagement in what is on offer.

One major event that has taken place this term already has been the Year 11 mock exams. The initial impact of this has been obvious for the Year 11s but the other students seeing this process in the academy is also an important milestone. We have genuinely been pleased with the approach that our Year 11s have taken to their mocks this month and whilst they await their results and next steps, I hope that they can reflect how positively they have approached what is an incredibly challenging time and build on this for their real exams in the summer. Whilst we will always be delighted to offer lots of opportunities for our students, academic success is still important and this will be achieved with a combination of hard work and the right attitude and approach and it has been great to see many of our Year 11s model this for our younger students.

I'm always cautious in wishing away time, but with the end of January we start to see brighter mornings and slightly lighter evenings and I hope that all our students can make use of the time that they have to build experiences that ultimately lead them to being greater successes.

Mark Woodhouse

CHAIR'S CORNER

The New Year and term has started at a fast pace with a glimmer of sunshine peaking through the clouds on the odd occasion. Temperatures have dropped along with our patience for the warmer days ahead. Holidays are advertised along with Easter eggs appearing in the supermarkets albeit a bit too early for us to catch our breath from the Christmas festivities!

What a better way to come to school for the warmth of the classrooms and the friendships created along the journey through each academic year and the opportunities to grow and learn helping each other as best we can, and to care and give to those who are struggling with the troubles in a current world of war and conflict. Attending school is crucial to developing those skills that we take for granted now but we all benefit greatly in the future of lasting friendships. To this day I have kept in contact with many past students and colleagues who I've taught both here and abroad with incredible careers and their own families. I am so proud and grateful to have been a small part in the development of their lives. If we create peace and kindness in our own lives then that sends a message to those around us who are not so fortunate to have that.

The new term brings new opportunities which are there for the taking. Attend school and don't miss out.

Helen Warrick-Evans

FACULTY FOCUS

This month's faculty focus is concentrated on the PE Department and gives a flavour of what is on offer.

Opening of a New Fitness Suite

Through Active Norfolk we have been able to source nearly £10,000 to help 'kit out' our new Fitness Suite. Equipment purchased includes 6 rowing machines, exercise bikes, boxing bags, 'chin up bars' and 'battle ropes'. So far, all students in Year 11 have had their induction in using the fitness equipment.



ATT Games Continue to Flourish!

Every fortnight we play sporting fixtures against Iceni Academy, both schools are part of the same Trust (Academy Transformation Trust) hence the formation of the ATT games. Students in Years 7-9 compete in a range of sports throughout the year these include; netball, football, rugby, basketball, athletics, cricket and rounders.

The focus of these events is to give students the chance to represent the academy in sport in an inclusive and supportive environment. Pictured here is the TNHA & Iceni boys football event.

Junior NBA

We have been fortunate enough to be accepted into a National Basketball Competition for both Year 7 and Year 8. The competition is based around the American Basketball League.

Each school is 'drafted' into a league and represents an NBA team. This year we are playing as the Indiana Pacers. Currently both of our teams sit second in their respective groups with 2 rounds to play.

Wish us luck!



Cross Country Success!

Following the West Norfolk Cross Country event earlier this year we had 5 students qualify for the County finals! On what was a rain-soaked day students 'gave their all' in representing the academy.

Congratulations to:- Tyler, Noah and Logan (Year 7).
Summer (Year 8) & Natasha (Year 9)



Primary School Sport

We continue to host a range of sporting events for the local primary schools. Pictured here are students taking part in the dodgeball and indoor athletics events. We look forward to our next events which are 'high 5' netball and a football festival.



Interform Competitions Basketball Results

Last half term students in Year 7-10 had the opportunity to represent their tutor group in an inter-form basketball competition. A huge well done to all who took part demonstrating real sportsmanship!



Year 7	Girls	Boys
Winner	BJA	SCO
2nd	BFA	CCO
3rd	CCO	RBR
4th	SCO	BFA
5th	EST/ RBR	EST/ BJA

Year 8	Girls	Boys
Winner	EZA	MLL
2nd	BMU	DMS
3rd	MLL	BMU
4th	DMS	SBR
5th	TBA/ SBR	TBA/ EZA

Year 9	Girls	Boys
Winner	GRI	MBO
2nd	DKE	KAL
3rd	MBO	DKE
4th	KAL	EGD
5th	CWR/ EGD	CWR/ GRI

Year 10	Girls	Boys
Winner	SHD	ODA
2nd	PSE	SHD
3rd	CSM	STH
4th	JBR	JBR
5th	ODA/ STH	PSE/ CSM

I HAVE A DREAM...

Martin Luther King Day at TNHA

Recent history has of course made us aware of Martin Luther King and his iconic speech calling for freedom, equality and justice for all ('I have a dream...') Our youngest students at the academy learnt about the life and legacy of this civil rights leader on 15th January being Martin Luther King Day (the Monday nearest to his birthday).

The students were then encouraged to write down their 'dreams' and the insight this gave was thought provoking and indeed moving. We are delighted to share the results with you.



"I have a dream that people will not be shamed for their looks".

"I have a dream that everyone will be able to live a peaceful life and not be judged or harassed".

"I have a dream that the rich do not get special treatment just because they have more money".

"I have a dream that people will stop buying useless things they do not really want when they could be helping others in need".

"I have a dream that one day there might be a sense of peace in the world".

"I have a dream where there is no conflict, no wars and everyone gets on".

"I have dream where online bullying doesn't happen".

"I have a dream that people can find kind things to say instead of bad things".

"I have a dream that people will not be shamed for being overweight or short".

"I have a dream that one day the ocean will thrive with life".

"I have a dream that one day global warming and pollution will no longer exist".

"I have a dream that people have suitable housing instead of living on the streets".

"I have a dream that one day you will no longer need to say "let's go here it is cheaper".

"I have a dream that one day everyone can be confident about paying bills and spending money".

LET'S READ...

Reading with a theme

We are delighted to announce the winners of the 'Make it a Goal to Read' Competition held in the LRC focussing on reading football biographies. East student read two appropriately themed books and their names put into a draw. The winner was James who received a football donated by Swaffham Town FC, followed by Boo & Kai who chose from a selection of signed photographs donated by Norwich City.

James read biographies of Haaland and Stirling which chronical the individual journeys of these two inspiring players.



'Tell us a story'

National Storytelling Week – 29th January to 2nd February 2024

A group of our students were delighted to visit local primary schools reading to younger children and thoroughly enjoyed sharing books with them. Their listeners were very enthusiastic, engaged and asked lots of questions. The aim of National Storytelling Week is to inspire a whole new generation of storytellers and celebrate the practice and value of telling and sharing stories. Comments shared by our students included:-



"I loved the visits; all the children were very friendly and welcoming. It was great to see them enjoying books together".

"It was lovely to see the younger classes enjoy reading and listening to other people read to them. I thoroughly enjoyed the visits".



"I really enjoyed reading to the reception pupils and am so happy that they enjoyed my story (as it was a book I loved as a child)".



MEANWHILE IN SCIENCE...

In honour of Burns Day the Science faculty celebrated all things Scottish. Our younger students learnt about scientists from this 'bonnie land' and their various innovations from Alexander Graham Bell and the telephone to John Logie Baird and the TV. They were invited to share which discovery they found the most important.

I think the best invention was the telephone because it is really quick, ~~not~~ useful and a great alternative to posting letters which can take 1 day - 3 weeks to receive!

The steam engine is the most ~~ex~~important because without it we wouldn't have transportation or emergency services.

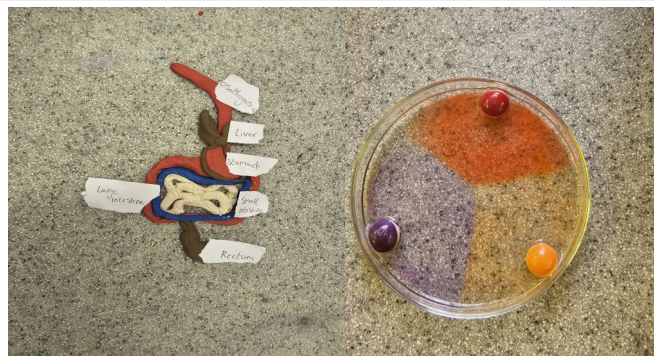
I think the most important invention was the MRI scan because it would have helped people to have a more accurate and clear idea of what was going wrong in the patients body and it would have also helped with further research into diseases. This scan would have saved lives as people with life threatening illness would be able to be properly treated.

I think that the MRI scanner is the most important Scottish invention as it helps us identify cancers and tumors in the body and cure people sooner.

1. I think the most important invention is the penicillin antibiotic. I say this as it has saved many lives and will save many more. A close contender is the refrigerator as it keeps foods edible, most importantly being meat as otherwise they would go bad. Other ~~and~~ important inventions include the radar system, helping to protect the country, and the MRI scanner (helping save lives).



In another lesson, students got a little creative making models of the digestive system out of plasticine and learnt about how diffusion works using skittles!



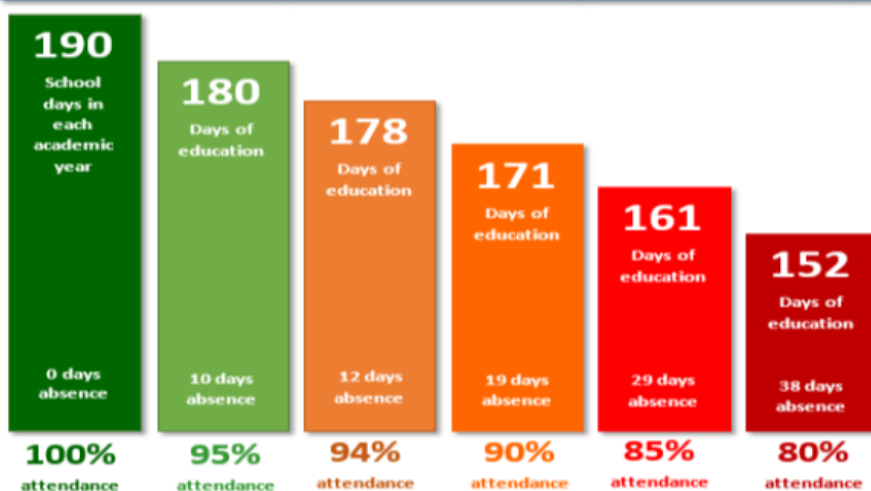
NOTICES & REMINDERS...

Attend today.

Achieve tomorrow!



Good Attendance means... being in school at least 95% of the time, or 180 to 190 days



Did you know?

When children attend school they:

- Can achieve their potential
- Have better career prospects
- Learn how to look after themselves and be healthy
- Grow in confidence
- Keep up with work and homework
- Make new friends



Children's Mental Health Week - 5th to 11th February

As part of our planned activities we are very pleased to welcome 'Cup-O-T' who will begin some weekly drop-in sessions for our students. We are looking forward to welcoming them to our academy.



Lost Property

Once again we find ourselves with an increasing amount of lost property and would remind parents/carers that in order to return this items to the rightful owner they do need to be named please.



TESCO Community Grants

Should you find yourself in Tesco, Swaffham, please add the blue token you receive on payment from the cashier (or on the top of the self-service tills) into the box for TNHA. This should be in the store from mid January until the end of March 2024. The funds, provided by the Tesco Scheme, will be used to improve materials in the Learning Resource Centre to support after school clubs, to inspire students to love reading and provide opportunities to keep expanding horizons.



Staff Training Day

The academy is closed to
students on
Friday 9th February 2024
as this is a staff training day!



Don't forget to follow us on our social media platforms for more news as it happens at TNHA!