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Timetable for Curriculum Day 1 12th December 2023

Year 7:

Session	Aim
PSHE: Relationships	In this session they will evaluate what makes a positive relationship and how they can be a positive influence in your life. They will also look at the impact of negative relationships and where to source help if it is needed.
PSHE: Send me a Pic 1	This session will look at the positives and negatives of online relationships. They will go on to compare different types of online relationships and how to access support and help if needed.
PSHE: PE and healthy Lifestyles	Students will engage with physical activities whilst also focussing on the importance of having a healthy lifestyle.
Careers: RAF Marham and STEM careers	Students will begin by discussing what STEM means and the different careers it feeds into. This will be followed by a team building activity that will encourage students to consider the different roles within a team and how to work as a team, whilst employing logical thinking skills.

Year 8:

Session	Aim
Careers: What is a career?	The University of East Anglia will be joining us to discuss key terminology of careers and the features of different jobs.
Career: My Future learning	The College of West Anglia will be joining us to talk about the different level qualifications there are following on from GCSEs and the breadth of courses available.
PSHE: Gambling	Gamcare will be running a workshop with the students to explore what gambling looks like and where it can be seen. They will also discuss the dangers of it and where to seek help.
PSHE: Social Media dangers	Students will explore how dangerous social media can be to physical and mental health and reflect on their own use of social media.
PSHE: Drugs and the law	PC Tampin will discuss with the students the laws around drugs, the different classification of drugs and how County Lines works.

Year 9:

Session	Aim
Careers: How to choose your Options	Belinda Ladds (our Careers advisor) will be in to discuss the best methods for choosing their GCSE options, as well as how to carry out career research before making the choices.
PSHE: First Aid.	Medicare will be joining us to look at different first aid steps, that will be actively carried out by the students.
PSHE: Send me a Pic 3	This will look at differing attitudes to sending a nude photos and the consequences of doing so.
PSHE: Barclays and understanding your money personality	A Barclays and Lifeskills presenter will join us to reflect on student's attitude to money, the difference between needs and wants and the consequences of borrowing money.
PSHE: Puberty	This session will recap on previous knowledge around puberty and will go on to explore the process of reproduction and the role of contraception.

Year 10:

Session	Aim
Careers: Trade Unions	Glenn Springett will be joining us to discuss the role and nature of Trade Unions and to explain how they support employees.
Careers: Interview skills	Hayriye Mazzotta from SLC Interiors will be joining us to discuss what employers are looking for in interviews. This will cover everything from preparing for an interview, the way you answer questions, the way you present yourself etc.
PSHE: RE escape room	Students will complete an escape room, whilst looking at clues around different faiths and beliefs
PSHE: Manosphere and Misogyny	This session will look at harmful behaviours around misogyny and how listening to 'experts' online can be damaging towards our own beliefs and values.
Careers: T-Levels	Students will understand what a T-Level is, the range of subjects it is available in, the types of grades needed to complete these courses and where these courses will take you in your future.

Year 11:

Session	Aim
PSHE: Road Safety	Andrew Natrass will be joining us from The Norfolk County Council Road Safety Team to look at the 4 driving offences most likely to cause an accident, and the law surrounding these offences. The impact of tiredness will also be discussed.
PSHE: Knife Crime	St Giles charity will be joining us to discuss what influences young people to carry a knife, the consequences of being stabbed and being the perpetrator and more suitable responses to a violent situation.
Careers: Apprenticeships	Amazing Apprenticeships will be presenting a session on Apprenticeships, that will cover everything from how to apply for an apprenticeship, the types of expected pay and suitable candidates for an apprenticeship.
PSHE: Drugs and festivals, parties and clubbing	Students will cover the risks of taking drugs at such events, steps they can take to keep themselves safe and what to do in an emergency.

PSHE: Pornography	Students will be able to identify the harm that pornography can cause to viewers of it and those within the industry and the impact that it can have on a healthy sex life.
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