

#TNHAAWAY



The  
Nicholas Hamond  
Academy



May 2023

 TeamNHA

 TeamNHA

 @TeamNHA

PROUDLY  
SHARING  
OUR  
NEWS



Determined to be...  
'the best that we can be'



## PRINCIPAL'S POST

It feels like the month of May has flown by and when I look through this month's newsletter, it is a great reminder of how much has been crammed into such a short period of time. I am always pleased by the number of activities that are taking place in the academy to supplement the academic education that we provide and these additional activities add the extra value to ensuring that the students in our academy get that all-round experience to prepare them for their futures.

We cannot forget academic studies and the cumulation of not just five years but eleven years of being in the compulsory English education system begins at the end of May for our Year 11 students as they start their formal GCSE exams. The importance of these exams and their outcomes are well known to all our students, and we wish our Year 11 students all the best through these next few weeks. We also know that the stresses and pressures that lots of the students will face over the next few weeks and I know staff and other students will want to support them in doing well through this process.

By the time the next newsletter is with you, the Year 11s will have finished their exams, lots more will have taken place in the academy and I hope that the weather is as good as we would hope it could be at this time of year!

*Mark Woodhouse*

## CHAIR'S CORNER

Swaffham town has a long history of people coming together to celebrate historic events such as royal coronations, and it was a fitting celebration when the Swaffham Cultural Consortium organised a record breaking attempt at a tea party which took place at the Buttercross in Swaffham's Market Place on the Bank Holiday Monday of the coronation weekend. It was a wonderful occasion to see so many of our families enjoying the community spirit and talking part in a day of fun celebrating the King's Coronation.

We have also been busy as Community Governors attending meetings and courses keeping up-to-date with the many policy changes within Safeguarding and Special Educational Needs in order that we are aware of current thinking as we swiftly move into the Summer Term.

Our Year 11 students are now well into their GCSE's and on behalf of all the Governors we wish them every success!

*Helen Warrick-Evans*

# CEIAG IN FOCUS

## Careers Education, Information, Advice and Guidance - CEIAG

This year has been a very exciting one for careers at TNHA. As life begins to turn to some form of normality following covid, we have had the opportunity to give our students some fabulous experiences.

Recently Year 10 students went out into the community for a week of work experience. We believe this to be of the utmost importance in their career journeys, so they know what the real world of work is like. We had some wonderful placements. One of our students secured a placement at Lynn News and even had some articles published! Through work experience, some also gained apprenticeship places for their post-16 options. The students thoroughly enjoyed their time and all received glowing feedback, which we hope will help them to drive forwards with their careers, beginning with gaining those great GCSE grades.

We have continued with our wonderful links with the University of East Anglia. Groups of students in Years 7, 9 and 10 will all have had the opportunity to attend the UEA for various sessions. The Year 9s came second in the competition to design a new university recently which was a great achievement. All students will have had an assembly from the UEA before the academic year ends to help them see that university is something obtainable.

This year we have made links with the Gonville and Caius university in Cambridge, where a group of Year 10 students had the opportunity to visit, to see that they can, and should, aspire to attending a Red Brick university and how to achieve this.

However, we also know it is not just about aspiring to university and have offered our students a variety of visitors and trips to help them understand all their options. We have engaged this year with The Jon Egging Trust who have worked with a group of our younger students. They have had hugely exciting days out at a variety of venues, many of them have been to RAF Marham where they have seen technology that very few others will have seen. It was so top secret they were not allowed to take in their phones!

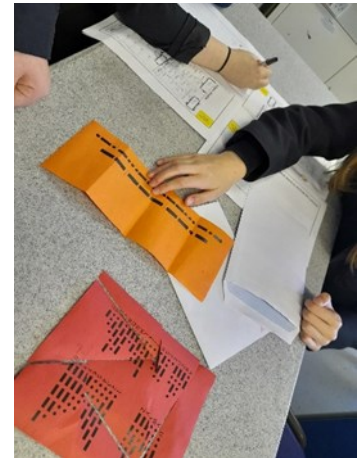
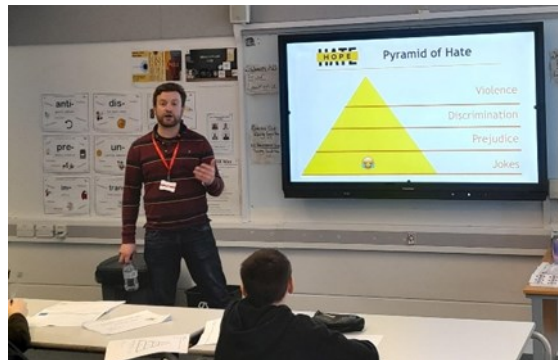


The programme is designed to help students gain leadership and teamwork skills, all vital to the work place. Students look forward to a graduation ceremony in June, where various local dignitary will be invited to hear about the students' work and what they have learnt. However, they will continue this work into Year 8 and 9 as well, whilst a new group will begin next academic year for our new Year 7s.

Other opportunities include :-

- A visit by the Army to our youngest students which included a presentation in assembly on careers in the Army, followed by workshops concentrating on team building skills.
- Barclays have visited for several days over the year to work with Year 9s on money skills now and for the future.
- Older students have taken part in a workshop through The Talent Foundry on employability skills and how to enhance these.
- Year 8s will receive a day of workshops with KPMG entitled 'work ready'.

Curriculum Days have provided the opportunity for further exciting visitors to come in and work with our students completing workshops, such as Amazing Apprenticeships, RAF Marham, First Aid training, College of West Anglia, Natwest and the Department of Work and Pensions.



Visitors to assemblies are always popular. We have welcomed to the academy - speakers such as:- the Padre from RAF Marham, a video production company Trendy Grandad, the Police, a magistrate, and of course all of our local Post-16 providers. It has been a busy year but we really hope the students have enjoyed each of the opportunities to help them decide what futures they want in the 'world of work' and how they can all achieve whatever it is they want to do.

## RETURNING FROM THE WORLD OF WORK

We have welcomed our Year 10 students back to their studies after a week experiencing the 'world of work' and are delighted to share the experiences of two of our students. One of whom had 4 articles published in the Lynn News! Here are two of Rowan's articles which we are delighted to share.

**The King's Morris dance the dawn at Knights Hill** Picture: Adam Farbrother

### Dancers greet the dawn on May Day

By Rowan Gosner  
rowan.gosner@lincs.gov.uk  
Twitter: @RowanGosner

Lynn Morris dancers were out at the crack of dawn on Monday as part of a tradition to mark the start of May.

Members of the King's Morris group assembled at about 5 o'clock at Knights Hill roundabout and, just as the sun was coming up, they blew their cow horns and danced to "wake the sun up".

The custom of greeting the dawn with Morris dancing is believed to bring good crops to the area.

Arthur Phillips, bagpiper for the group, said that they "dance the dawn without fail" every year and that blowing cow horns is meant "to ward away evil spirits".

Later in the day, they held workshops at the Sturges of Lynn museum to teach children about the group and potentially inspire a new generation of Morris dancers.

The children made cow horns, some for their own use.

The celebrations did not end there as on Tuesday the King's Morris dancers gave a special performance, alongside the East Norfolk Militia, at the mayor's charity fair drawing dinner at the Town Hall.

During the event, the group was presented with a shield from the mayor and a charity donation for Help for Heroes.

Borough mayor Lesley Bamberidge joined in with the celebrations. Picture: Adam Farbrother

**Hundreds of vintage cars, trucks and tractors were on display at the event.** Picture: Adam Farbrother

### Vintage rally showcases cars, trucks and tractors

By Rowan Gosner  
rowan.gosner@lincs.gov.uk  
Twitter: @RowanGosner

A vintage rally drew hundreds of tractors, cars and trucks to a village at the weekend and raised money for good causes in spite of having to call time early on the second day.

Although the Stradsett Vintage Rally drew in many close on Monday, the event was concluded with high spirits from visitors.

The rally had opened its gates for its first day on Sunday to a host of excited guests to raise money for charity, but on Monday, adverse weather conditions caused some challenges.

Organisers from the National Vintage Tractor and Engine Clubs, East Anglian group said they had to shut the gates at around 11,300pm due to the field being "too wet".

Gordon Carson, rally organiser, said that the "Sunday was absolutely beautiful", with the sun shining and the event looking set to be a "great weekend".

Regarding the early closure on the Monday, he added: "What can you do about the weather?"

The event this year included a host of vintage tractors, cars and trucks, along with trade stands, food stalls and "hundreds of exhibitors".

Gordon said there had been a lot of positive feedback from guests who attended on Sunday.

Profits from the weekend are set to be donated to charity, with half going to East Anglian Air Ambulance and the other half being split between a number of local good causes.

As next year's event will be the 20th anniversary of the Stradsett Vintage Rally, organisers are planning a three-day spectacular to celebrate, on Saturday 4, Sunday 5 and Monday 6, May 6.

Roger Kightly with one of the vintage tractors

What did our students think of the experience?

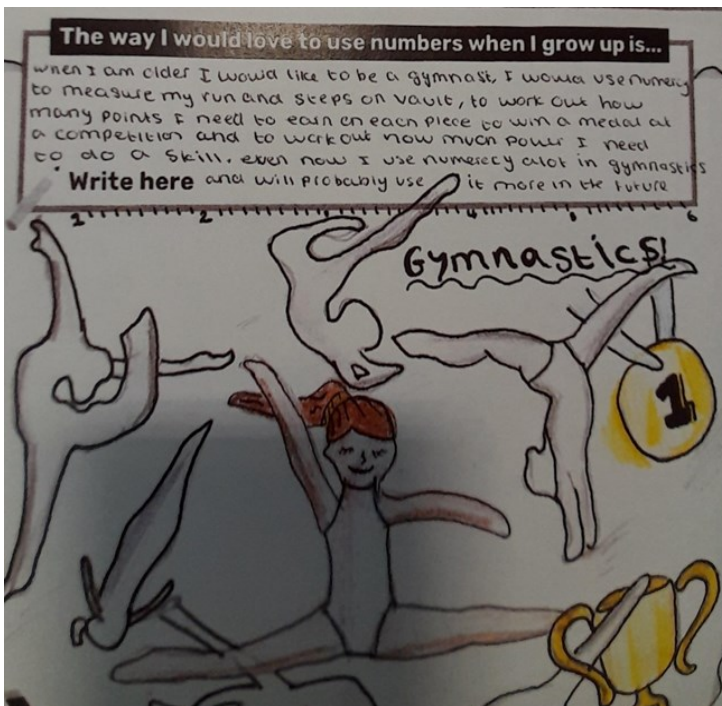
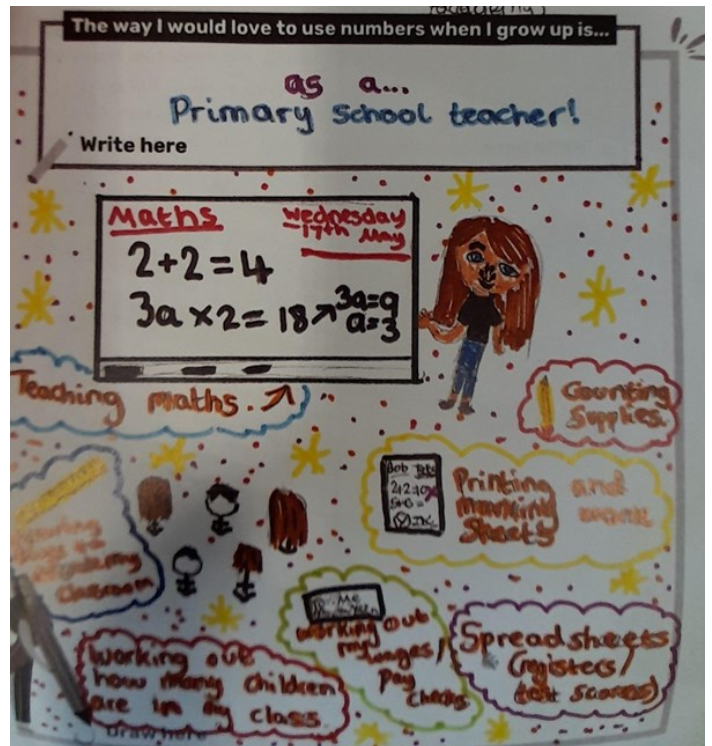
*“My work experience at Lynn News has re-ignited my passion for journalism. It was an extremely beneficial week and I had a fantastic experience working in my chosen career. I had an incredible time writing and publishing articles, conducting street interviews and being part of the news team”.*

*“I really enjoyed my week of work experience. I did waitressing at a local restaurant and had an amazing time, I met some wonderful people and learnt new skills which will stay with me for a long time, I even got offered a job afterwards! I’m so grateful to have had this opportunity”.*

## NATIONAL NUMERACY DAY

At TNHA our maths students celebrated National Numeracy Day (whose mission is to improve how people understand and work with numbers in our day-to-day lives – sparking better opportunities and brighter futures). Students enjoyed activities planned by staff aimed at engaging with numbers which is vital for our everyday life.

This year the charity National Numeracy, established to raise the low levels of numeracy, are running a competition for school children to celebrate being a ‘number hero.’ Our students in Year 7 & 8 created a poster showing their dream job or hobby and all the different ways in which numbers could be used in their chosen career. You will see that the students really thought about the topic and produced some excellent ideas.



We had some brilliant conversations with students about being a landscape gardener using concentric circles, how a footballer uses angles to score a goal and how a gymnast uses numbers to measure the number of steps when running for the vault!

We have our fingers crossed that one of our students' stunning posters wins a £50 or a £20 voucher which is 'up for grabs!'

**The way I would love to use numbers when I grow up is...**

I would use numbers in the future by measuring medicine and calculating the cost of it. Also how many horses/pools I have where I work. I can also use it when planning

**Write here** the week ahead and which horses to ride.



**The way I would love to use numbers when I grow up is...**

being a master at using computers / coding games. I've always found coding so awesome and I want to make it my job

**Write here**

Coding needs maths because maths is used to solve problems in computer science. Such as algorithms, data structures and cryptography.

Numbers can represent different types of data and operations, which makes it easier to write complex programs.



Maths is used to create simulations, graphics and animations in computer programs.

Coding must use numbers because computers understand numbers better than words or letters.

The year 10s had the opportunity to write their own maths rap! Going through how rhythm and rhyme involves numeracy. While some were sceptical to begin with, by the end there were some budding rap artists keen to showcase some of their ideas.

### Examples of Year 10 Maths Raps

*"I like to add because it's so fab  
Now we divide because everything  
collides  
We use the sum to tickle your tum  
When we get money  
We act so funny  
Now we're in time  
We are done with this rhyme"*

*"At an early age you learn to add  
This could make you sad or mad  
You learn to sum  
With your mum  
At a later age you learn to divide  
Maths gives you lots of pride  
Maths can also help you count money  
So you can go on holiday somewhere  
sunny  
This is our maths tune  
Sing it under the moon"*

*"Oh, here we go  
Clapping with the flow  
It's the 17<sup>th</sup> of May  
A beautiful day  
It could be sharing sweets  
Or counting sheep  
Getting the food and splitting the  
bill"*

*"Adding up sides while I'm going  
down slides  
Taking away while I'm eating whey  
I'm running out of time while I'm  
doing my times  
Trying to map out the area but it's  
getting scarier.  
Adding up these lines to make up  
this rhyme  
Oops I fell down the stairs while I  
was looking at squares  
I fell at a 90° angle now I've split  
into two ...  
and that's what I call a fraction my  
dude"*

### **Harry's Rap**

Here we go - Okay - 17th May  
Celebrating National Numeracy Day  
We've come to chat with the Big Number Natter,  
There are so many ways to play...

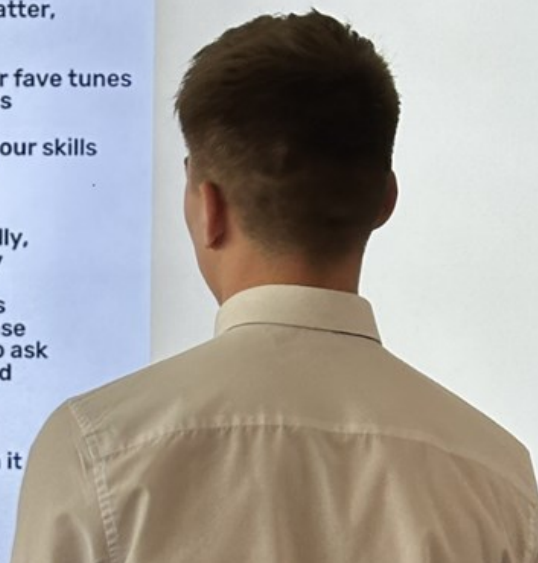
It could be cutting up a cake or playing your fave tunes  
Keeping in time with your best dance moves  
Getting the drinks in and splitting the bill  
Every day's there's a new way to sharpen your skills

And still - people say "Math's isn't for me"  
Like it's too hard to get past the difficulty  
But even if initially you stick with it minimally,  
Within minutes you begin to feel differently

You see - if you talk through the baby steps  
Well then - maybe next it starts making sense  
Need help with fractions? you've just got to ask  
'Cause a problem shared is a problem halved

And the start is so often the shakiest bit  
But part of the challenge is taking a risk  
A mistake is a breakthrough if we gain from it  
What better day to begin?

That's right, Okay, 17th May  
Celebrating National Numeracy Day

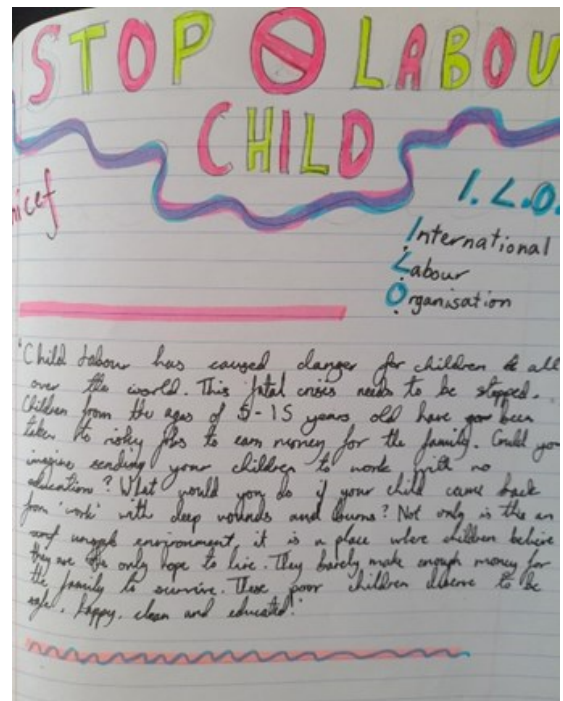
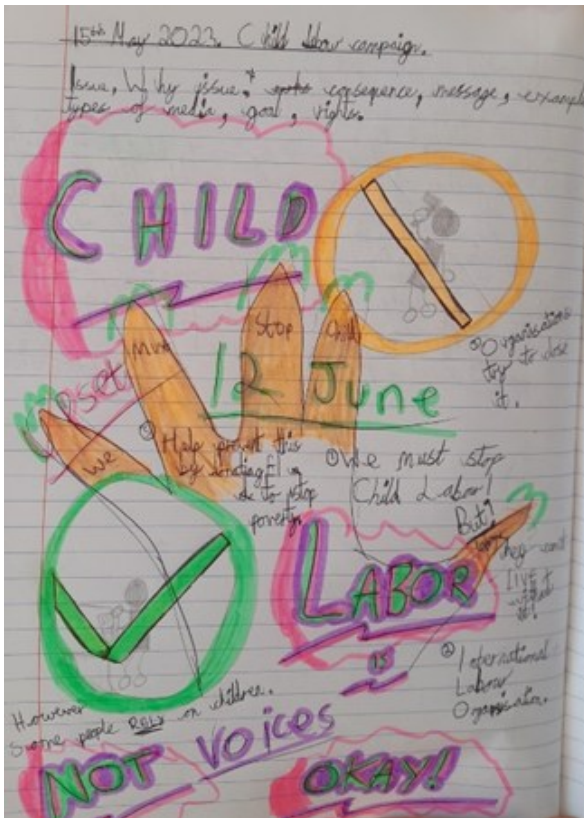
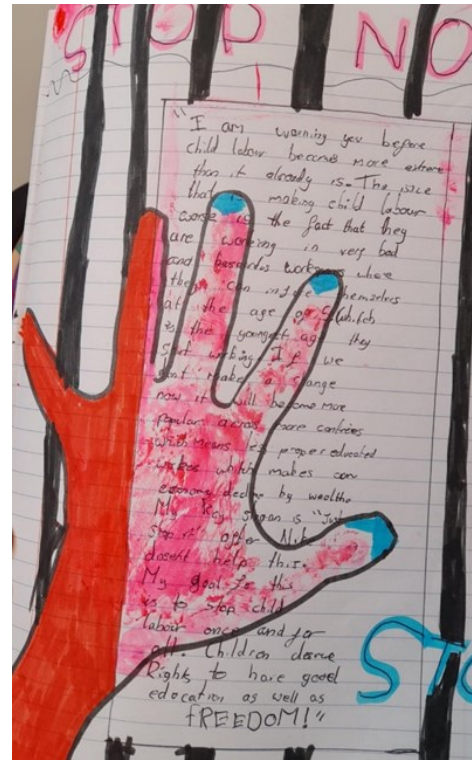
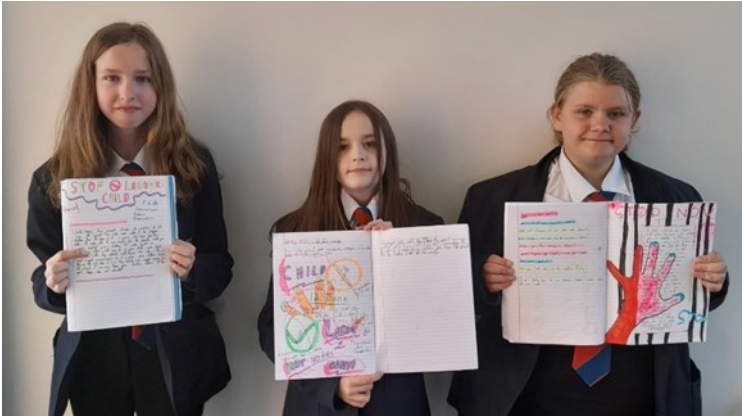


It was wonderful seeing all the students getting involved and enjoy seeing where numeracy fits in the world!

# WORLD CHILD LABOUR DAY

Our Year 7 students have been working hard in Geography learning about child labour and writing speeches against this awful practice which unfortunately still continues in the world in which we live. The World Against Child Labour Day takes place this year on 12<sup>th</sup> June designed to raise awareness about child labour and the need to make efforts in order to prevent this.

Phoebe J., Rosie E. & Phoebe W. were proud to show off their amazing work.





# IN OTHER NEWS...



During June we will be celebrating Pride month in the LRC with a range of books, activities and displays.

Empathy Day is on 8<sup>th</sup> June so we will be launching a reading challenge linked to this.

We hope many students will get involved!



The PE Team took 45 lucky students to the O2 to watch Leicester Riders Vs London Lions in both the Men's and Women's finals.

They were treated to 2 very exciting games with London Lions emerging as victorious.

Students had a great time watching some elite level sports action.



Just One Norfolk have created the Flourishing Families Tool.

It has been designed for families who might want a little help meeting their child's needs.

There are lots of different things that families need help with e.g. healthy eating, fun activities, financial management and this tool is designed to help families work out what they are already doing well and help them to find support if they need it. It is anonymous and takes approximately five minutes to complete.

The tool can be found by following this link:

<https://www.justonenorfolk.nhs.uk/flourishingfamilies>.



Students in Years 7 to 9 took part in an inter-form Tug of War during the last week of term.

We have seen tremendous team work, competitive spirit and pride from those taking part and those cheering on the competitors.

Winners were:- 7DMS, 8EGD & 9CSM.

The next inter-form competition is Basketball in the autumn!



A group of our Music students are off to the Royal Norfolk Show to perform.

Later in the day they will take part in a world record attempt for the greatest number of students playing junk percussion at the same time!



Our Drama Department have been lucky enough to gain some pre-release tickets to see the spine chiller - The Woman in Black at the Theatre Royal in Norwich in January.

Consent forms are due at the end of the month with a draw for places on 5<sup>th</sup> June!



Our senior students continue with their GCSE Exams and we wish them every success!



We are pleased to announce that we are soon to have 3 working defibrillators around the site after receiving an extra 2 devices from the Department of Education.

**We hope you all had a good half term holiday**  
**and look forward to another term of learning**  
**before the summer break!**

