

#TNHAAWAY



The  
Nicholas Hamond  
Academy



November 2022

 TeamNHA

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 @TeamNHA

PROUDLY  
SHARING  
OUR  
NEWS



Determined to be...  
'the best that we can be'



# PRINCIPAL'S POST

November can often be a real challenge for lots of us with colder and darker days and, as has been the case at times, lots of wind and rain. It can also be the point in term where all the colds, coughs and sniffles kick in and it would appear for many of our students and staff that they have been battling with both the external elements as well as the illnesses that go around.

That said the students continue to throw themselves into what the academy has to offer. You will see in this newsletter a focus on Vocational Studies, which for many of our older students is a really important and relevant pathway of study. These courses also traditionally have had great success with many of our students continuing to follow these types of courses into their post-16 education. These more practical courses often balance well with the examination-based subjects and offer a really good insight into a number of work sectors for our students.

You will also read about our recent curriculum day which allowed us to support our students with their wider education. These days are vital in helping our students develop both knowledge and understanding beyond their traditional studies. It is always great to see our students respond positively to the many visitors we have on these days and gain those all important life skills that will help them in all aspects of their education and lives.

Mark Woodhouse

# CHAIR'S CORNER

Half term is over and there is an air about us with that mad rush to fit everything in before Christmas! Autumn has now mostly fallen with those glowing glorious colours of the orange and golden brown leaves as they fluttered to the ground. On Remembrance Sunday it reminded us to reflect and respect those who gave their lives for our freedom. It also gave our students an opportunity to represent themselves, the academy and the cadet groups they belong to at the Swaffham memorial service.

The academy continues to flourish in each faculty area ,with the recent Curriculum Day challenging and broadening the deeper learning and understanding of the extended topics and encouraging the students to think beyond the subjects, in order to develop a wider interest for the future in where their possible vocational aspirations and careers may lead to. Engaging deeper thinking skills and ideas is key to students enjoying and having fun in the challenges they are set in all aspects of the curriculum and the day -to-day routines at home and school.

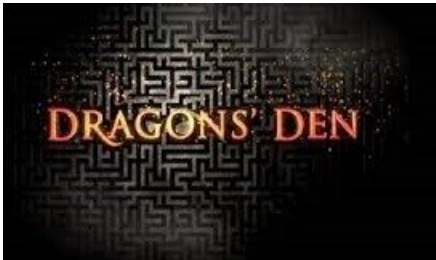
The New Year looms ahead with Yr 11's taking their Mock exams and the Yr 9's thinking about their GCSE choices when the warmer weather springs upon us!

*Helen Warrick-Evans*

# FACULTY FOCUS

## A busy start to the new half term in the Vocational Faculty!

### *Entrepreneur of the Year.*



In Business, Year 11 students have been completing their business plans for their Enterprise Coursework. Ideas such as personalised cupcakes, football coaching, scented candles and selling art have been researched and business plans completed.

Students will now move on to the presentations, pitching their idea to a panel of judges, 'Dragon's Den style'. Who will be crowned entrepreneur of the year with the most imaginative presentation?

### *Great Communication – that is the key!*

Meanwhile, in Health & Social Care students have been showcasing their communication skills in both one -to-one and group scenarios. It was a change for our Year 11 students from having to write long pieces of work and once the nerves were steadied, students did a wonderful job, showing they are extremely capable individuals.



The first assignment for Year 10 students has been to interview an individual of a certain age and find out how they have developed in their physical, Intellectual, Emotional and Social development, as well as how factors have impacted on this development. Students approached this task with a high level of maturity and have shown that they all want to achieve their very best.

### *Time to Fly*



Following on from their excellent examination results at the end of Year 10, the Year 11 Travel and Tourism group have been motivated to complete their coursework for the remaining 2 units. As part of the International Travel and Tourism unit, they have to plan 2 itineraries one for a short-haul European destination and another for a long-haul Worldwide destination.

The students have interviewed several members of TNHA staff, including Mr Janes about his holiday in Italy, Ms Caro about her trip to New York and Miss Cullum about how she planned her honeymoon to South Africa. We would like to thank everyone who has supported the group with this work.

The Year 10 T&T students have learnt about the structure and importance of the industry in the UK. They are now researching and investigating destinations in the UK ranging from the 4 nation's capital cities; to historic destinations like Bath and York; to our unique coastal areas and our breath-taking countryside areas.

### ***Any old Iron?***

Down in Design Technology the Year 10 students are producing some very well-designed house signs in wrought iron, whilst the Year 11s are working on their final projects. These include projects made from recyclable materials; one student came up with a rather ingenious way in which to make a shelving unit from an old tyre.

At Key stage 3 students are working on memory recall of tools , equipment and procedures and learning how to use these for cutting wood etc.



### ***Python - its not just a snake!***

Whilst in Computer Science Year 11 recently sat a mock that tested them on their programming and problem-solving skills. Year 10 continue to improve their Python programming skills by writing programmes that simulate die rolls that could be used in a game.



Year 9 have started their journey in Python programming too by learning how to use data entered on the computer to perform calculations and output the results.

### ***Ready, Steady, Cook!***

The Year 10 Hospitality and Catering classes have made a fantastic start to their course. Following a new specification, they have started the year with a focus on nutrition, cooking methods and cooking skills.

Already experts in the kitchen, they have created a variety of dishes such as bread, homemade beef burgers, cakes, vegetable soup and a delicious apple crumble. (Pictured are some of the sweeter treats!)

We can't wait for the Christmas Bake Off - we have no doubt there will be some amazing dishes.





# WE REMEMBER

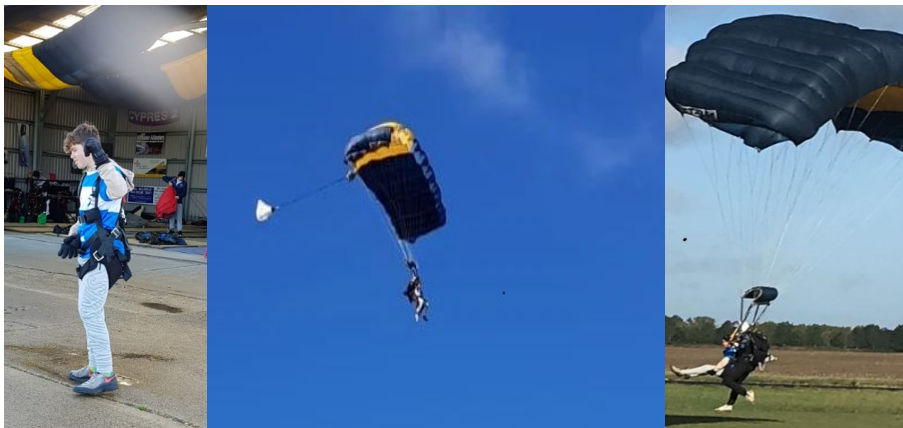
One of the most important dates last month was naturally marking Remembrance Day and as usual students at the academy took part in a two-minute silence on Friday 11<sup>th</sup> November at 11am. They were invited to wear their service uniforms and proud members of the Cadets, St. Johns Ambulance, Scouts & Girl Guides etc. marched out to lead this occasion. As always, we are proud to mark this day honouring British & Commonwealth military and civilian servicemen and women from the two World Wars and later conflicts.



Our Student Principals took part in the event in Swaffham Town Centre meeting for the march to the memorial where they laid a wreath and then on to the church service.

# A CHALLENGE FOR CHARITY

We are incredibly proud of one of our Student Principals, who recently turned 16 year old. He chose a very unusual way to spend his big day by undertaking a sky dive from Beccles airport, to raise funds for INVEST in ME RESEARCH. This charity is especially close to his heart as a close member of his family suffers from the illness. He is very grateful for all the support he has been shown and all the money raised . Well done Casper!



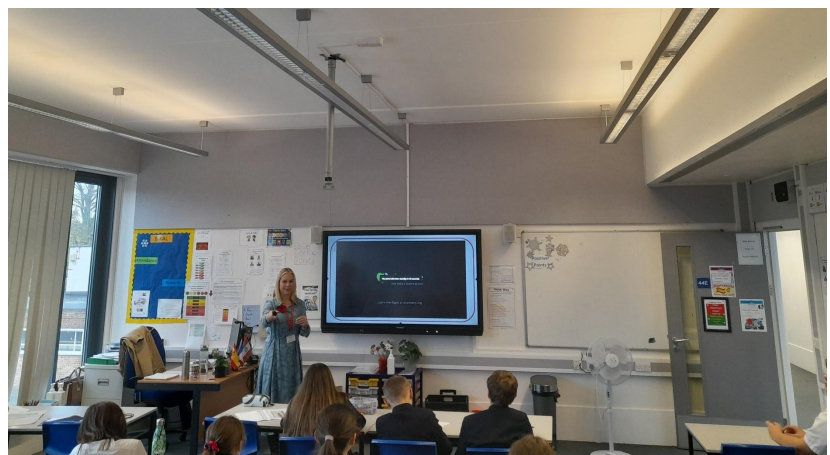
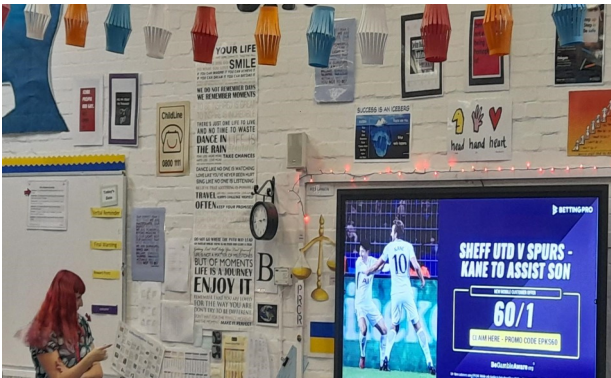
Continuing with a 'charity' focus, we would like to sincerely thank all those that sent in shoe boxes filled with gifts for the children in refugee camps due to the war in the Ukraine.

It is a particularly difficult time for many of us currently and we were absolutely delighted to see the response to our appeal, in supporting Waites & Stones with their wish to deliver a little festive cheer to those in this awful situation.

# A DAY WITH A DIFFERENCE

We have recently undertaken the first of our Curriculum Days this academic year which meant that our students were taken off their usual timetable and experienced a variety of sessions based around PSHE and Careers topics, appropriate to age groups. At TNHA we believe it is crucial to deliver a broad and balanced curriculum that enables our students to develop in many diverse aspects of life and to build confidence and resilience. This will in turn allow them to be prepared for their adult lives and to engage with society.

We welcomed a variety of guests into the academy to deliver topics such as finance where they considered sources of income, different financial products, protecting money and identity in the digital world, financial decisions, payslips, and savings and pensions. We also welcomed a group from RAF Marham who always deliver a particularly active and practical session on STEM careers giving the opportunity to problem solve and work as a team. Students also explored radicalisation, unhealthy relationships, understanding grooming and identifying manipulative behaviours. The local College of West Anglia, along with an independent Careers Advisor worked with students to explore different pathways after GCSE exams such as apprenticeships, subjects available for study and how to create a professional CV.





# AN EXHIBITION OF EGYPTIAN ART

Our Students across KS3 and KS4 who have been exploring the theme of Egypt during extra curriculum art clubs have showcased their work at The Swaffham Rotary Club Art Exhibition.

They have explored both traditional and contemporary Egyptian art this term enjoying experimenting with painting and drawing on papyrus, experiencing how it would have been to write or draw during ancient Egyptian times. Students have also taken an individual and varied approach to the Egyptian theme, creating Pop Art inspired pyramids, Egyptian God character design and Egyptian landscapes to name just a few pieces.' What talent!



# UNIVERSITY & BEYOND

A fortunate group of students had the wonderful opportunity of visiting Anglia Ruskin University in Cambridge for a 'Creative Forces Day'. This was primarily aimed at our service students giving them the opportunity to engage with higher education by taking part in a day of fun and interactive activities. They were able to learn what a university can offer and the careers beyond.



# SAFEGUARDING OUR STUDENTS

## Online Safety - Against Extremism

A new guide for parents and carers has been launched to raise awareness of how to keep their young person safe online and prevent them being targeted by extremist material.

Topics covered include information about the different apps, games, social media platforms, message boards, fake news and clickbait, and how extremist influencers can use these to target and attract young people to their information, which often then links to extremist content.

The booklet outlines recent research, statistics and issues to look out for, along with practical tips and actions to keep children and young people safe online using the NSPCC's Team approach:

T: Talk about staying safe online;  
E: Explore their online world together;  
A: Agree rules about what is okay and what is not;  
M: Manage your family's settings and controls.

Please see the link below for this guidance booklet:

[Download the Child Online Safety \(Extremism Awareness\) Guidance Booklet](#)

Alternatively, this can be found on the following website [www.sandwell.gov.uk](http://www.sandwell.gov.uk) (then type 'Prevent' into the search bar at the top).

Please be mindful that the local signposting on the last page is relevant to Sandwell Council.

### Norfolk signposting:

For non-emergency concerns you can contact the Norfolk Police Prevent team on 01953 423905 or 01953 423896

If you have concerns someone is being radicalised, [fill in the referral form](#) use this link or it can be found on the [www.norfolk.gov.uk](http://www.norfolk.gov.uk)

Email it to [preventreferrals@norfolk.pnn.police.uk](mailto:preventreferrals@norfolk.pnn.police.uk)

Please contact the academy's safeguarding team if you have any questions around this topic.

[Helen.Sweeney@attrust.org.uk](mailto:Helen.Sweeney@attrust.org.uk) - Designated Safeguarding Lead

[Micka.Singh@attrust.org.uk](mailto:Micka.Singh@attrust.org.uk) - Safeguarding Officer

*(All links in green will take you to the corresponding page on the electronic version of this Newsletter)*



# FREE SCHOOL MEALS

A child may be eligible for free school meals (FSM) if their parents receive any of the following benefits:

- ◆ Universal Credit - with an annual earned income of no more than £7,400 after tax
- ◆ Income Support
- ◆ Income-based Jobseeker's Allowance
- ◆ Income-related Employment and Support Allowance
- ◆ Support under Part 6 of the Immigration and Asylum Act 1999
- ◆ The guaranteed element of Pension Credit
- ◆ Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- ◆ Child Tax Credit (with no Working Tax Credit) with an annual gross income of no more than £16,190

Apply online via this link [Free school meals, school meals and milk - Norfolk County Council](#)

## DON'T FORGET TO SIGN UP

Year 11 Revision Techniques Evening  
Wednesday 14<sup>th</sup> December 2022  
5.30pm to 7.30pm

In order to support our senior students through the build up to the examinations there will be a revision evening on Effective Revision Techniques. We will be focusing our attention on providing the students with the tools to 'revise smart'. We will be running four sessions on the following:

- Mind Maps
- Flash Cards
- Reading for Purpose
- Active Recall

Don't forget to sign up via this link:

<https://tnha.schoolcloud.co.uk/>

Year 7 & 8 - Humanities After  
School Club  
Monday 12<sup>th</sup> December 2022

As an added bonus for this session, as it's Christmas, those that attend the club will be allowed to wear their Christmas jumpers for the day. There will also be lots of Christmas music on too to fill us all with festive learning cheer.

Spaces are limited and will be issued on a first come, first served basis. Should you wish to book your child onto this workshop, please complete the electronic form via the following link.

<https://forms.office.com/e/6ydyPfrTVE>.

The deadline for booking a place on these sessions is 7<sup>th</sup> December 2022

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