

Timetable for Curriculum Day 2 – 27th January 2022

Year 7:

Session	Aim:
Careers: English and future careers	This session will look at the relevance of English to future careers, as well as the skills used within English that are transferable to any future careers.
PSHE/RSE: Internet Safety	PC Hazel Tampin will be discussing the dangers online and how to protect yourself from them and where to go for help.
PSHE: Social Anxiety	This session will look at what social anxiety is and the symptoms of it, including the chemical reactions within the brain. It will go on to consider ways and treatments of dealing with social anxiety.
PSHE: Smoking and Vaping	This session looks at the health problems involved with smoking and vaping and also looks at the issue of addiction.
PSHE/RSE: Healthy Relationships	In this session students will explore ways of avoiding dangerous relationships and how to maintain positive ones. It will also look at how dangerous people seek people using the internet.

Year 8:

Session	Aim
Careers: Careers and researching jobs	This session explores the different jobs across a variety of sectors, what students need to achieve in terms of qualifications, work experience etc to move into different careers and the types of careers that may be more suited to the student's own personalities and skills.
PSHE/RSE: Harmful sexual behaviour	Paula De Voux will be helping the students reflect on harmful beliefs and attitudes around roles and responsibilities in relationships. Students will question traditional roles, societal expectations and gender norms. We will also be looking at how students can communicate their feelings effectively and positively.
PSHE: A healthy and unhealthy lifestyle	This session will explore the different food groups and how much we need from each one and why for a balanced diet. It will also consider what can make an unhealthy lifestyle.
PSHE: Drug awareness	In this session, some of the negative effects of legal and illegal drugs will be discussed, including damage to the body and ask the question why people continue to use drugs, despite having knowledge of these risks.
PSHE/RSE: Love and dating	Students will be identifying what is expected as someone becomes romantically involved and the problems that may arise. They will be analysing how to handle difficult situations and discussing what is appropriate and what isn't.

Year 9:

Session	Aim
Careers: My future Learning	Luke Byron from College of West Anglia will be discussing the options for after GCSEs and the types of courses and subjects available.
PSHE: First Aid	First Aid trainer Osvaldo Rodriguez will be coming to the Academy to show students how to perform basic, but lifesaving first aid.
Careers: Choosing my options	Our Independent Career Advisor, Belinda, will be giving guidance on choosing your GCSE options to ensure future success.
PSHE: Banter or bully	This session will discuss the difference between banter and bullying and how to identify when the banter has become bullying and what steps to take.
Careers: Introduction to Apprenticeships	Zina Mohn from 'Amazing Apprenticeships' will be delivering a session on what are apprenticeships and all the different options there are within them.

Year 10:

Session	Aim
Careers: Work Experience	NEACO will be delivering an assembly on preparing and then getting the most out of a work experience placement
PSHE: Knife Crime	St Giles will be discussing the dangers surrounding Knife Crime
Careers: Health and Safety in the work place	A session looking at the dos and don'ts for health and safety in the working environment
PSHE/RSE: Sex and the Media	This session will identify how sex, relationships and sexuality are represented in a range of media formats and the problematic and positive impact this can have on people.
PSHE: Class C drugs	Students will identify the dangers of Class C and Prescription drugs, including the long- and short-term effects on the body and mind.

Year 11:

Session	Aim
PSHE: Maximise	This is a 2 hour session run by Maximise to understand the benefit of studying for exams, equip students with skills ready for studying and develop resilience, readiness to learn from success and failure as well as develop a 'can-do' attitude.
Careers: Interviews	A session on how to present yourself in any interview and preparing answers to the types of questions you may get.
PSHE: Relaxation	Students will consider why they may struggle with relaxation and identify ways they can destress and the benefits this will have, especially as we draw closer to their exams.
PSHE: Sexism, Equality, gender and prejudice	Students will consider why women can be treated differently to men and consider the question if certain elements of the UK society are perpetuating gender prejudice.