

# MAKE

## Menu Spring & Summer 2021

### WEEK ONE

|                 | MONDAY  | TUE S DAY  | W E D N E S D A Y   | T H U R S D A Y   | FRIDAY  |
|-----------------|---|--|---|---|---|
| Main Meal 1     | Sausage & Mash  | Mac n Cheese   | Margherita Pizza  | Freshly Made Oven Baked Pulled Chicken Wrap   | Deep Fried Fish served with Lemon and Tartare Sauce           |
| Vegetarian      | Pasta with Vegetable Bolognese  | Vegetable Sausage Pasta in a Tomato & Herb Sauce             | Creamy Cheese Pasta   | Vegetable Curry   | Lentil & Tomato Pasta   |
|                 | Filled Jacket Potatoes  | Filled Jacket Potatoes                                       | Filled Jacket Potatoes  | Filled Jacket Potatoes  | Filled Jacket Potatoes  |
| Vegetables      | Creamed Potatoes<br>Garden Peas<br>Sweetcorn<br>Baked Beans<br>Mixed Garden Salad                       | Broccoli<br>Green Beans<br>Baked Beans<br>Mixed Garden Salad | Jacket Wedges<br>Carrots<br>Mixed Vegetables<br>Baked Beans<br>Mixed Garden Salad | Spicy Diced Potatoes<br>Broccoli<br>Sunny Rice<br>Baked Beans<br>Mixed Garden Salad | Chipped Potatoes<br>Peas<br>Baked Beans<br>Mixed Garden Salad |
| Available Daily | Ginger Sponge & Custard<br>Fresh Fruit Salad  | Vanilla Sponge & Custard<br>Fresh Fruit Salad                | Chocolate Sponge & Chocolate Sauce<br>Fresh Fruit Salad                           | Jam Sponge & Custard<br>Fresh Fruit Salad   | Marble Sponge & Custard<br>Fresh Fruit Salad                  |
| Available Daily | Assorted Snacks, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Cold Desserts and Tray Bakes |  |   |   |   |

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### WEEK TWO

|                 | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|-----------------|---|---|---|---|--|
| Main Meal 1     | Traditional Beef Meatballs in Tomato Sauce  | Mild Chicken Curry served with Naan Bread                               | Wholemeal Pizza Slice   | Homemade Beef Bolognese with Garlic Bread                         | Deep Fried Fish served with Lemon and Tartare Sauce                  |
| Vegetarian      | Fresh Tomato and Basil Vegetable Sausages Pasta Bake<br>Filled Jacket Potatoes                          | Mediterranean Vegetable Pasta Bolognese<br>Filled Jacket Potatoes       | Creamy Cheese Pasta<br>Filled Jacket Potatoes   | Lentil & Tomato Pasta<br>Filled Jacket Potatoes                   | Vegetarian Quorn Fajita<br>Filled Jacket Potatoes                    |
| Vegetables      | Pasta<br>Green Beans<br>Baked Beans<br>Mixed Garden Salad   | 50/50 Rice<br>Sweetcorn<br>Carrots<br>Baked Beans<br>Mixed Garden Salad | Potato Wedges<br>Mixed Vegetables<br>Cauliflower<br>Baked Beans<br>Mixed Garden Salad | Pasta<br>Carrots<br>Broccoli<br>Baked Beans<br>Mixed Garden Salad | Chipped Potatoes<br>Garden Peas<br>Baked Beans<br>Mixed Garden Salad |
| Available Daily | Chocolate Sponge & Chocolate Sauce<br>Fresh Fruit Salad   | Syrup Sponge & Custard<br>Fresh Fruit Salad                             | Marble Sponge & Custard<br>Fresh Fruit Salad  | Feathered Jam Sponge & Custard<br>Fresh Fruit Salad               | Ginger & Mandarin Muffin & Custard<br>Fresh Fruit Salad              |
| Available Daily | Assorted Snacks, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Cold Desserts and Tray Bakes |   |   |   |  |

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## Menu Spring & Summer 2021

### WEEK THREE

|                 | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|-----------------|---|---|--|---|--|
| Main Meal 1     | Fresh Beef Burger in a Bun  | Mexican Chilli Con Carne served with Braised Rice                           | Cheesy Margherita Pizza  | Homemade Chicken Pie  | Deep Fried Fish served with Lemon and Tartare Sauce                  |
| Vegetarian      | Mediterranean Vegetable Pasta Bolognese<br><br>Filled Jacket Potatoes                                   | Tex Mex Veggie Mince Chilli Con Carne<br><br>Filled Jacket Potatoes         | Creamy Herb Crumbed Macaroni Cheese<br><br>Filled Jacket Potatoes      | Lentil & Tomato Pasta<br><br>Filled Jacket Potatoes                             | Spicy Vegetable Enchilada<br><br>Filled Jacket Potatoes              |
| Vegetables      | Jacket Wedges<br>Garden Peas<br>Sweetcorn<br>Baked Beans<br>Mixed Garden Salad                          | Wholegrain Rice<br>Broccoli<br>Carrots<br>Baked Beans<br>Mixed Garden Salad | Jacket Wedges<br>Mixed Vegetables<br>Baked Beans<br>Mixed Garden Salad | Creamed Potatoes<br>Green Beans<br>Carrots<br>Baked Beans<br>Mixed Garden Salad | Chipped Potatoes<br>Garden Peas<br>Baked Beans<br>Mixed Garden Salad |
| Available Daily | Ginger Sponge & Custard<br>Fresh Fruit Salad  | Lemon Sponge & Custard<br>Fresh Fruit Salad                                 | Chocolate Sponge & Chocolate Sauce<br>Fresh Fruit Salad                | Marble Sponge & Custard<br>Fresh Fruit Salad                                    | Vanilla Sponge & Custard<br>Fresh Fruit Salad                        |
| Available Daily | Assorted Snacks, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Cold Desserts and Tray Bakes |   |  |   |  |