



PSHE Curriculum at THNA





Year 7 PSHE curriculum

Term	Tutor time	LOOL	Curriculum days
Autumn Term 1	Organisation Mental Health: Positivity Resilience Body Image Prevent: What is stereotyping? What are acts of terrorism? Prejudice/discrimination and the protected characteristics: Research Project: Black British Icons	Transition and friendship Mental health Healthy relationships and social media First Aid Learn to Learn	Smoking/Vaping- the dangers of. Puberty: An introduction to include personal hygiene, germs, bacteria and how they are spread.
Autumn Term 2	Organisation British Values: Identity Cohesion Criminal Justice system Basics of religion Anti-bullying week 1: What are the types of bullying?	Project based Learning PSHE Topics Based Learning (RS)	
Spring Term 1	Organisation County Lines/Gangs/knife crime: Gangs	Sleep Knife crime Human Rights	Medicines and drugs



	<p>LGBTQAI+ LGBTQAI+ and sexuality introduction</p> <p>Prejudice/discrimination and the protected characteristics: Prejudice and discrimination</p> <p>Anti-bullying week 2: Banter or bullying?</p>		<p>Puberty – periods (girls)</p> <p>Puberty – the male body (boys)</p> <p>Exercise/healthy eating</p>
<p>Spring Term 2</p>	<p>Kindness</p> <p>FGM: FGM: What is it?</p> <p>Prejudice/discrimination and the protected characteristics: Research Project: Famous Women</p>	<p>Racism Bullying or Banter Depression Anger Management Aspiration Diversity and Identity Family Love and Relationships</p>	<p>Knife crime - introduction</p>
<p>Summer Term 1</p>	<p>Kindness</p> <p>Relationships: Relationships</p> <p>Healthy Living: Healthy lifestyle – food</p> <p>Anti-bullying week 3:</p> <p>Prejudice/discrimination and the protected characteristics: Research Project: Language we use every day and its implications to disabled people</p>	<p>Plastic Pollution</p>	<p>Drugs: Ethics and morality</p> <p>Careers /finance</p> <p>Exercise/healthy eating</p>
<p>Summer term 2</p>	<p>Kindness</p> <p>Families: Family Life</p> <p>e-Safety:</p>	<p>Film ‘Wonder’ Stereotyping Bullying Friendship Inclusion</p>	



	Internet safety Online Safety	Diversity	
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Y8 PSHE curriculum

Term	Tutor time	LOOL	Curriculum days
Autumn Term 1	Resilience Mental Health: Stress Confidence, achievement and behaviour Social Anxiety Prejudice/discrimination and the protected characteristics: Research Project: The importance of the Incas/Aztecs/Egyptians to modern life Prevent: Extremism – what it looks like and the dangers of stereotyping.	The Criminal Justice System Learn to Learn	Substance abuse: Class B drugs STIs and sexual health Exercise/healthy eating
Autumn Term 2	Resilience British Values: Democracy Diversity Extremism Anti-bullying week 1: What are the types of bullying and how to deal with it	Project Based Learning PSHE Topic	
Spring Term 1	Resilience County Lines/Gangs/knife crime: Knife Crime County Lines LGBTQAI+	Consent	Substance Abuse: Class A drugs



	<p>Relationship types Antibullying week 2: Am I normal? Prejudice/discrimination and the protected characteristics: Ageism and prejudice and discrimination</p>		<p>Exercise/healthy eating</p>
<p>Spring Term 2</p>	<p>Respect FGM: FGM; How does it affect girls and women around the world? Grooming: Online grooming and staying safe online Prejudice/discrimination and the protected characteristics: Research project: Issue tree for International Women’s week</p>	<p>Relationship Break ups Internet Safety – Digital Footprint Social Media and self esteem Role Models and Self esteem Mental Health – Mindfulness Alcohol Awareness Prejudice and Stereotyping Peer Pressure Conflict at Home</p>	
<p>Summer Term 1</p>	<p>Respect Relationships: Healthy relationships Healthy Living: Consequences of not living a healthy life Anti-bullying week 3: Prejudice/discrimination and the protected characteristics: Research project: How do towns and our Academy cater for those with disabilities</p>	<p>Charities</p>	<p>Alcohol Love and dating including when it is right to have sex and feelings of arousal. Exercise/healthy eating</p>
<p>Summer term 2</p>	<p>Respect Families: Family types, marriage and diversity e-Safety: Social media and self-esteem</p>	<p>Film ‘Bend it Like Beckam’ Stereotyping Prejudice Marriage</p>	<p>Checking for testicular and breast cancer</p>



Y9 PSHE curriculum

Term	Tutor time	LOOL	Curriculum days
Autumn Term 1	Living without harm Mental Health: Self-esteem Growth mindset Stress Prejudice/discrimination and the protected characteristics: Research project: Black sport's role models Prevent: How to tackle extremism	Mental Health – Body Image Equality and diversity	Addiction Contraception and STIs Exercise/healthy eating Knife crime
Autumn Term 2	Living without harm British Values: Monarchy Radicalisation Religious extremism Anti-bullying week 1: What are the types of bullying and how to deal with it	Project Based learning	
Spring Term 1	Living without harm County Lines/Gangs/knife crime: County Lines and drugs LGBTQAI+ Gender and Language	Gambling Drugs, risk and the law Perseverance Personal development and self discipline Stress	Drugs Education: Peer Pressure Sex, pleasure and masturbation



	<p>Antibullying: Don't @ me</p> <p>Prejudice/discrimination and the protected characteristics: Prejudice, Teens and the Media</p>		Exercise/healthy eating
Spring Term 2	<p>Initiative</p> <p>FGM: FGM: Fact or Myth</p> <p>Grooming: Online grooming: Breck Bednar</p> <p>Prejudice/discrimination and the protected characteristics: Research Project: Inequality data of girls receiving education and the impact of this.</p>	<p>Teenage Pregnancy Same sex relationships Sexism and gender prejudice British Values Multiculturalism Carbon Footprint – Sustainability Revenge Porn Consent and rape</p>	
Summer Term 1	<p>Initiative</p> <p>Relationships: Respect, healthy relationships and bullying</p> <p>Healthy Living: Exercise, food, sleep, medical care and hygiene</p> <p>Anti-bullying week 3: Sexting</p> <p>Prejudice/discrimination and the protected characteristics: Research Project: How technology has enhanced the lives of those with a disability</p>	Project Based Learning	<p>Drugs education: CBD oils</p> <p>Careers /finance First Aid Exercise/healthy eating</p>
Summer term 2	<p>Families: Fertility</p> <p>e-Safety: Smartphone addiction</p>	<p>Film 'Seven Pounds' Guilt Organ transplantation</p>	



Fake news and trolling		
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Y10 PSHE Curriculum

Term	Tutor time	LOOL	Curriculum days
Autumn Term 1	Leadership Mental Health: Depression Male body image Eating disorders Prejudice/discrimination and the protected characteristics: Research Project: The impact of WW1 and WW2 on blacks and their future Prevent: Identifying extremism and how to deal with it. Extremism through history.	Extremism	Drugs: Festivals and parties Consent, rape and the Law Pregnancy pathways including abortion and the law Careers /finance Exercise/healthy eating
Autumn Term 2	Leadership British Values: Law and Parliament Final extremism lessons Religious tolerance Anti-bullying week 1: What are the types of bullying and how to deal with it	How can we prevent Radicalisation and Extremism	
Spring Term 1	Leadership County Lines/Gangs/knife crime: The Criminal Justice system	Sleep Knife crime Animal Rights	Work Experience placement



	<p>LGBTQAI+ Same sex relationships Transgender</p> <p>Antibullying week 2: Behind the bully</p> <p>Prejudice/discrimination and the protected characteristics: The Equality Act 2010 and discrimination</p>		
<p>Spring Term 2</p>	<p>Communication</p> <p>FGM: Campaigning against FGM</p> <p>Grooming: Online gaming: Grooming and addiction</p> <p>Prejudice/discrimination and the protected characteristics: Research Project: Inequality data on pay gaps and its impact</p>	<p>Personal Finance</p>	
<p>Summer Term 1</p>	<p>Communication</p> <p>Relationships: Conflict management</p> <p>Healthy Living: Body positivity and obesity Energy Drinks</p> <p>Anti-bullying week 3: Upskirting</p> <p>Prejudice/discrimination and the protected characteristics: Research Project: Research of people with a disability and how they have succeeded in life</p>	<p>Conflict Management Forced Management/Arranged marriage Mental health and social Anxiety</p>	<p>Y10 Drugs Education</p> <p>Dangers of Porn</p> <p>Exercise/healthy eating</p>



Summer term 2	Communication Families: Parenthood and choices Teenage Pregnancies and choices e-Safety: The dark web Cyber crime	Mental Health and suicide Consent and rape Plastic Pollution and sustainability	



Y11 PSHE/ CEIAG curriculum

Term	Tutor time	LOOL	Curriculum days
<p style="text-align: center;">Autumn Term 1</p>	<p>Mental Health: Time management, confidence and achievement Anxiety Mindfulness Self-harm Stress and coping with exams</p> <p>Prevent: Imagery and extremism</p> <p>Prejudice/discrimination and the protected characteristics: Research Project: Black Lives Matter movement</p>	<p>Personal Statements</p>	<p>Drugs and the Law</p> <p>CV writing/how to do an interview</p> <p>Stress and coping with exams</p> <p>Apprenticeships workshop</p> <p>UEA workshop</p>
<p style="text-align: center;">Autumn Term 2</p>	<p>British Values: Overview of the British values</p> <p>Antibullying: Recap on forms of bullying and places for help</p>	<p>Revision skills</p>	



<p>Spring Term 1</p>	<p>County Lines/Gangs/knife crime: Summary of County Lines, where to access help and the signs of someone involved LGBTQAI+ Homophobia and LGBTQAI+ rights LGBTQAI+ Quiz Prejudice/discrimination and the protected characteristics: Refugees, migration and human rights</p>	<p>Revision skills</p>	<p>Date Rape/Drugs and sexual assault Eating and exams E-safety Pregnancy pathways including teenage pregnancies and being a parent. Families: Forced marriages and child marriages</p>
<p>Spring Term 2</p>	<p>FGM: FGM and the law Grooming: Grooming and sexual abuse Prejudice/discrimination and the protected characteristics: Research Project: Action groups and their work for gender inequality</p>		<p>e-Safety: Indecent images and the Law</p>
<p>Summer Term 1</p>	<p>Relationships: Domestic violence and abuse and relationships Healthy Living: Labels and food</p>		<p>Exams period</p>
<p>Summer term 2</p>			