



TNHA Curriculum Planning Document

Subject: PE

Year: 7

Sports in italics are 'new' sports to most students.

Timescale	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term
Prior Learning (from KS2/3)	N/A	Some primary schools	N/A	Primary events	Primary events	Primary Indoor Athletics
Topic/ Unit title	Net and Wall - <i>Badminton</i>	Invasion Games - <i>Rugby (contact)</i> - Football - Netball - <i>Hockey</i> - Basketball	Aesthetic - <i>Acrogyrnastics</i>	Health and Fitness - Cross Country	Striking and Fielding - Rounders - Cricket	Athletics
SMSC/Cultural Capital/Character/FBV-outline specific areas that are covered in this unit	Frequent opportunity for students to umpire and referee. Students develop their moral stance through fair play and learn to handle success and defeat appropriately. Students learn how to respond appropriately to perceived injustice.	Students asked to reflect on their actions and how this effects others in a team. Students are taught to believe in themselves and what they can achieve if they have a 'can do' attitude.	Students to express their feelings and emotions through creating sequences in gymnastics. They get to explore and experiment what their bodies can achieve	Students compete against peers and opportunity to represent school.	Students asked to reflect on their actions and how this effects others in a fielding and striking situation.	Students learn that sport has rules to keep people safe, as does society for same reasons.
Assessment Opportunities	Half court singles	Small sided games	Routines	Times	Small sided games	Techniques
Links to other units in KS3/4.	Racket Sports	Y7 focus on basic skills			Basic skills	



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Year: 8

Timescale	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term
Prior Learning (from KS2/3)	Badminton – build on half court singles.	Build on basic skills	N/a	N/A	Build on basic skills	Apply techniques to performance.
Topic/ Unit title	Net and Wall - Badminton - <i>Table Tennis</i> - <i>Tennis</i>	Invasion Games - Rugby - Football - Netball - Hockey - Basketball	Aesthetic - <i>Gym Flight</i>	Health and Fitness - <i>Problem Solving</i>	Striking and Fielding - Rounders - Cricket	Athletics
SMSC/Cultural Capital/Character/FBV- outline specific areas that are covered in this unit		Students become aware of different cultural aspects of physical activity. Understanding the different sporting choices between male and females and how to overcome these barriers to participation, such as offering girls rugby.				They are enjoyed to build a positive mindset and build progression into achieving higher levels awards (bronze, silver and gold) in athletics.
Assessment Opportunities	Full Court	Small Sided Games	Routine	Times of Orienteering	Small Sided Games	Performance
Links to other units in KS3/4.	Racket Sports	Y8 focus on recapping basic skills and introducing advanced skills			Team tactics	



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Year: 9

Timescale	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term
Prior Learning (from KS2/3)	Move from singles to doubles	Skills to tactics	N/a	N/a		
Topic/ Unit title	Net and Wall <ul style="list-style-type: none"> - Badminton - Table Tennis 	Invasion Games <ul style="list-style-type: none"> - Rugby - Football - Netball - Hockey - Basketball 	Aesthetic <ul style="list-style-type: none"> - <i>Trampolining</i> 	Health and Fitness <ul style="list-style-type: none"> - <i>Boxercise</i> - <i>Fitness</i> 	Striking and Fielding <ul style="list-style-type: none"> - Rounders - Cricket - <i>Softball</i> 	Athletics <p>Additional events</p>
SMSC/Cultural Capital/Character/FBV-outline specific areas that are covered in this unit	<p>Students are developing their knowledge of different sports and therefore gaining an appreciation of different sporting cultures in different countries. Students are encouraged to have an understanding of the difference between elite and amateur levels of sports.</p> <p>Students given progression routes – school clubs, representing the school, playing for local clubs.</p>					
Assessment Opportunities	Doubles	Mid size games	Routines	Testing	Games	Triple Jump Hurdles Relay
Links to other units in KS3/4.	Racket Sports	Tactics				



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Year: 10

Timescale	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term
Prior Learning (from KS2/3)	Skills: now focus more on applying tactics	Skills: now focus more on applying tactics	N/a	N/a		
Topic/ Unit title	Net and Wall <ul style="list-style-type: none"> - Badminton - Table Tennis 	Invasion Games <ul style="list-style-type: none"> - Rugby - Football - Netball - Hockey - Basketball - <i>Handball</i> 	Aesthetic <ul style="list-style-type: none"> - <i>Boogie</i> - <i>Bounce</i> 	Health and Fitness <ul style="list-style-type: none"> - <i>Kickboxing</i> 	Striking and Fielding <ul style="list-style-type: none"> - Options 	Athletics Sports Day prep.
SMSC/Cultural Capital/Character/FBV- outline specific areas that are covered in this unit	They are given leadership roles such as coaching and umpiring which helps develop communication and leadership. Sign- posted to continue a healthy active lifestyle – local clubs etc.					
Links to other units in KS3/4.	Racket Sports	Invasion games	N/a	N/a		

Determined to be the best we can be...

#theTNHAWay



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Subject: PE

Year: 11

Timescale	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term	6 Lessons per half term
Prior Learning (from KS2/3)						
Topic/ Unit title	Net and Wall - Options	Invasion Games - Options	Aesthetic - Options	Health and Fitness - Weights/ Aerobics	Striking and Fielding - Options	
SMSC/Cultural Capital/Character/FBV- outline specific areas that are covered in this unit	Sign- posted to continue a healthy active lifestyle – local clubs etc. Students given the opportunity to consider which sports they prefer and therefore which ones they want to pursue through options.					
Links to other units in KS3/4.	Racket Sports					

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