**TNHA Curriculum Planning Document** Subject: **Cambridge Nationals in Sport**  Year: 10

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| **Timescale** | **Sept – Oct Half Term** | **Oct- Xmas HT** | **Xmas – Feb HT** | **Feb-Easter HT** | **Easter to May HT** | **May – Summer HT** |
| **Prior Learning (from KS2/3)** | KS3 Badminton and Table Tennis | N/a | Y8 Problem Solving | KS3 Invasion games | Roles in sport various units. | KS3 Athletics + Y9 Athletics Officiating.  Y9 Trampolining. |
| **Topic/ Unit title** | **RO52 coursework**:  Lo1 Individual Sports -  (**Badminton & Table tennis)** | **RO52 coursework**:  LO4 Apply practice methods to support improvements | | **RO52 coursework**:  Lo2 - Team Sports  (**Basketball)** | **RO52 coursework**:  LO3 – Officiating  (**Volleyball)** | **RO52 coursework**:  LO1/LO3 –  **Athletics/ Trampolining.** |
| **RO56 coursework:**  *LO1 Know about different types of OA + provision.*  Mountain Biking | **RO56 coursework:**  LO2 – understand value of participating in OA. | **Ro56 Coursework: LO4** Orienteering  Orienteering | **RO56 coursework:**  LO3 – Be able to plan an outdoor activity | | **Ro56 Coursework: LO4** Kayaking |
| **R051 exam:**  *LO1 – Understand the issues which affect participation in sport* | | | **R051 exam:**  LO2 – Know about the role of sport in promoting values | | |
| **Assessment Opportunities** | **Scores for Sports** | **Mark for RO56 LO1/LO2 Coursework** | Grade for **topic exam RO56 LO1**  **Mark for RO52 LO4 Coursework**  **Scores for Sport** | **Scores for Sport** | **Mark for RO56 LO3 Coursework**  **Scores for Sport** | Grade for **topic exam RO56 LO2**  **Grade for unit RO52**  **Grade for unit R056.**  **Scores for Sport** |
| **SMSC/ FBV- outline** | Tolerance  Learning to work alongside/ with different abilities, genders etc. | Sign- posted to continue a healthy active lifestyle – local clubs  Democracy  Choosing different levels of challenge  Promote trust with peers through team building activities. | | Social  Students are encouraged to cooperate to create successful tactics and strategies as a group. | Moral - Frequent opportunity for students to umpire and referee. Students learn how to respond appropriately to perceived injustice.  The laws of the games and consequences of breaking the rules. | |
| **Links to other units in KS3/4.** | KS4 Core PE Badminton and Table Tennis |  |  | KS4 Core PE Basketball | KS4 Core PE Volleyball | KS4 Core PE Athletics |

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| ***Final grade for unit*** | ***Assessed piece of work*** | ***Practical lesson*** | ***Trip*** |

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| **Timescale** | **Sept – Oct Half Term** | **Oct- Xmas HT** | **Xmas – Feb HT** | **Feb-Easter HT** | **Easter to May HT** | **May – Summer HT** |
| **Prior Learning (from KS2/3)** | N/a | N/a |  |  |  |  |
| **Topic/ Unit title** | **R051 exam:**  LO3: Understand the importance of hosting major sporting events. | | **RO53 coursework:** Sports Leadership  LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership.  LO2: Be able to plan a sports activity session  LO3: Be able to deliver a sports activity session  LO4: Be able to evaluate own performance in delivering a sports activity session. | | |  |
| **R051 exam:**  LO4: Know about the role of national governing bodies in sport. | |
| **Assessment Opportunities** | **Unit tests** | **Mock Exam** | **Sit final Exam RO51** |  | **Grade for unit RO53** |  |
| **SMSC/ FBV- outline** | Cultural - Gaining an understanding of different sports and their foundations  Use of international examples of different athletes and their achievements – Olympics | | Rule Of law - H&S in PE – environment, kit, personal. | | |  |
| **Links to other units in KS3/4.** | KS4 core PE – competitions formats |  | Sports Ambassadors | | |  |