**TNHA Curriculum Planning Document** Subject: **Cambridge Nationals in Sport**  Year: 10

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| **Timescale** | **Sept – Oct Half Term**  | **Oct- Xmas HT** | **Xmas – Feb HT** | **Feb-Easter HT**  | **Easter to May HT**  | **May – Summer HT**  |
| **Prior Learning (from KS2/3)** | KS3 Badminton and Table Tennis  | N/a  | Y8 Problem Solving  | KS3 Invasion games | Roles in sport various units.  | KS3 Athletics + Y9 Athletics Officiating.Y9 Trampolining.  |
| **Topic/ Unit title** | **RO52 coursework**: Lo1 Individual Sports - (**Badminton & Table tennis)** | **RO52 coursework**: LO4 Apply practice methods to support improvements | **RO52 coursework**: Lo2 - Team Sports (**Basketball)** | **RO52 coursework**: LO3 – Officiating (**Volleyball)** | **RO52 coursework**: LO1/LO3 – **Athletics/ Trampolining.**  |
| **RO56 coursework:***LO1 Know about different types of OA + provision.*Mountain Biking  | **RO56 coursework:**LO2 – understand value of participating in OA.  | **Ro56 Coursework: LO4** Orienteering Orienteering  | **RO56 coursework:**LO3 – Be able to plan an outdoor activity | **Ro56 Coursework: LO4** Kayaking  |
| **R051 exam:** *LO1 – Understand the issues which affect participation in sport*  | **R051 exam:** LO2 – Know about the role of sport in promoting values |
| **Assessment Opportunities** |  **Scores for Sports**  | **Mark for RO56 LO1/LO2 Coursework** | Grade for **topic exam RO56 LO1****Mark for RO52 LO4 Coursework****Scores for Sport**  | **Scores for Sport** | **Mark for RO56 LO3 Coursework****Scores for Sport** | Grade for **topic exam RO56 LO2****Grade for unit RO52****Grade for unit R056.****Scores for Sport** |
| **SMSC/ FBV- outline** | ToleranceLearning to work alongside/ with different abilities, genders etc.  | Sign- posted to continue a healthy active lifestyle – local clubs Democracy Choosing different levels of challengePromote trust with peers through team building activities. | Social Students are encouraged to cooperate to create successful tactics and strategies as a group. | Moral - Frequent opportunity for students to umpire and referee. Students learn how to respond appropriately to perceived injustice.The laws of the games and consequences of breaking the rules. |
| **Links to other units in KS3/4.** | KS4 Core PE Badminton and Table Tennis  |  |  | KS4 Core PE Basketball  | KS4 Core PE Volleyball  | KS4 Core PE Athletics  |

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| ***Final grade for unit*** | ***Assessed piece of work*** | ***Practical lesson*** | ***Trip*** |

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| **Timescale** | **Sept – Oct Half Term**  | **Oct- Xmas HT** | **Xmas – Feb HT** | **Feb-Easter HT**  | **Easter to May HT**  | **May – Summer HT**  |
| **Prior Learning (from KS2/3)** | N/a  | N/a  |  |  |  |  |
| **Topic/ Unit title** | **R051 exam:** LO3: Understand the importance of hosting major sporting events.  | **RO53 coursework:** Sports Leadership LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership.LO2: Be able to plan a sports activity sessionLO3: Be able to deliver a sports activity sessionLO4: Be able to evaluate own performance in delivering a sports activity session. |  |
| **R051 exam:** LO4: Know about the role of national governing bodies in sport.  |
| **Assessment Opportunities** | **Unit tests**  | **Mock Exam**  | **Sit final Exam RO51** |  | **Grade for unit RO53** |  |
| **SMSC/ FBV- outline** | Cultural - Gaining an understanding of different sports and their foundationsUse of international examples of different athletes and their achievements – Olympics | Rule Of law - H&S in PE – environment, kit, personal.  |  |
| **Links to other units in KS3/4.** | KS4 core PE – competitions formats  |  | Sports Ambassadors  |  |